

THE OFFICIAL BULLETIN OF THE GYRO CLUB OF SHERWOOD PARK



VOLUME: 52 EDITION 7 DATE: MARCH 10, 2026 EDITOR: Scott Brisbin

I WAS JUST THINKING: Kind of scary when the weather man is the closest one to telling the truth on the news these days.

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- ◆ Animal Instinks'
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The Club's Grand Poobahs:

President: **Jim Malott**

Vice President:

Past President: **Don Greig**

Treasurer: **Ted Ewanchuk**

Secretary: **Ray Davis**

Club. Admin. **Ray Davis**

Registrar: **Dorne Hunt**

Directors: **Lloyd Wilson;**
Paul Poirier; Lawrence
Zalasky, Ken Lesniak

Bulletin Editor: **Scott Brisbin**

Webmaster: **Ray Davis**

EDITOR'S RANT:

I guess I'm really addicted to the news. I know it isn't good for mental health. Lack of a sound and restful sleep can't be good. I keep reminding myself that "Ignorance is Bliss" is a prescription I should try, but I'm an addict. It is hard to avoid whenever one is perusing one's phone and that is another addiction. Beyond that, though, I routinely awake to the early morning news on the radio. I admit to turning to the TV news when a game of hockey, basketball, or baseball becomes hopeless or pointless. My one attempt to lessen the impact of my addiction is to vary my news sources. I don't restrict myself to the left leaning CBC (where I spent four summers in their television studios working everything from audio, to camera and control room on news programs, drama, musicals and sports events as a young person in Winnipeg). I check on Fox News for the Right side of the perspective without going down the extreme holes on either side that await us daily. I look to Epoch for much of my printed news information, having determined over some months of comparing that it was the least biased and most objective source out there. I am taking my news seriously .

However I am very aware that while the news sources I have selected do not shield me from reality or even reliability, they are trying their best from their perspective. Many of the other sources in various media that I explored were totally self serving in their

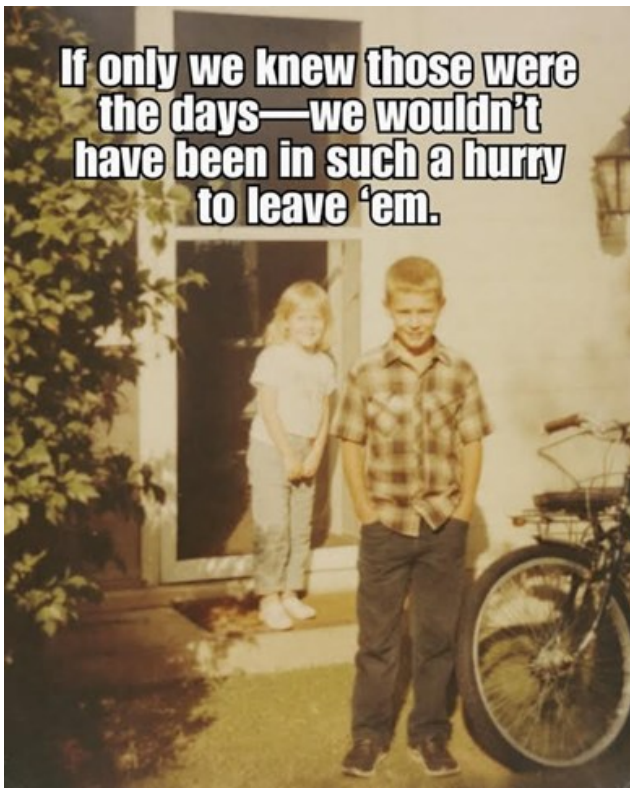
Rant contd.

motivation and more often than not they were knowingly doing harm.

Once upon a time, life was much simpler. Certainly there was propaganda. Certainly there were scoundrels. But usually they were less skilled at influencing us and perhaps the consequences of those influences were less serious in how our lives turned out.

The evolution of communication capabilities, global perspectives and ambitions have seen unthinkable change in my lifetime. It is becoming almost impossible to decipher what news is real and what is manufactured via AI in the hands of the unscrupulous.

Is it time to pack up, head off into the woods, leaving my phones, radios, news sources and the current state of the world? Try as I may to fight the temptation, I can't help but be tempted by the "Ignorance is Bliss" tactic.



Most people don't really want the truth. They just want the constant reassurance that what they believe is the truth.

MARCH BIRTHDAYS



Has anyone found any potential new members with birthdays in March yet?

HEALTH AND WELFARE

Earl Korber has recovered from his fall and is mobile enough that he attended the tri-weekly cribbage gang last Wednesday morning and then attended the Poker Night later in the day. He has been getting some more work dermatology work done for skin cancer. Earl's wife, Lee has been in an Alzheimer's long term facility in the city but was recently able to be transferred to one in Sherwood Park across the street from his apartment making regular visits much less of a challenge. He hopes to be able to walk there when the weather allows it in a few months.

Rita Malott received some bad news in early February that she has "very probably bladder cancer". A Cystoscopy was scheduled in early March to confirm whether there is cancer and the type in the bladder. The cystoscopy results came with very encouraging news.—no new cancer. Rita will start immunotherapy April 17 utilizing a product called "BCG" which is entered into the bladder and is used to eradicate any cancerous cells that may still be there. There will be six treatments, one per week. Rita has returned to Belize and they will return to Edmonton on April 15.

NEW MEMBER NOTICE:

I am hereby formally giving notice that I will be recommending **Bryan Mason** for membership in our club. Bryan has been to several of our meetings and knows some of us already. He was my accountant for many years and remains a good friend.

He lives in the city with his wife Leslie, but would prefer to be in the Sherwood Park club.

Hmmmm.....

WITHOUT A SINGLE DEGREE, THEY CREATED
ART THAT INSPIRED GENERATIONS...



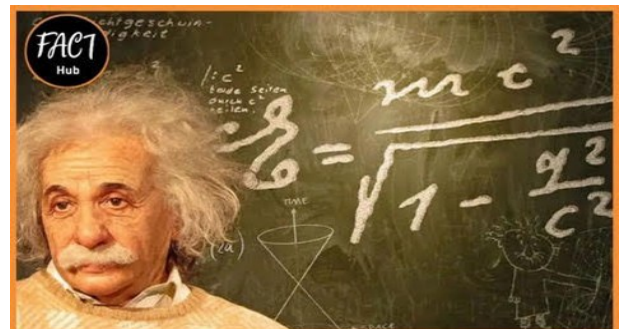
AND THEN THE ARTISTS WITH DEGREES ARRIVED



In Switzerland public restrooms are lit with blue lights so junkies can't find their veins.



"Yes, the planet got destroyed. But for a beautiful moment in time we created a lot of value for shareholders."



DID YOU KNOW?

Studies have suggested that gifted people often have a bad handwriting because their brains are working faster than their hands.

Apparently there's a third option between burial and cremation.



POKER NIGHT

On Wednesday, March 4th a group of the lads (28 in all) gathered at The Headquarters determined to shuffle, deal and bluff their way to “big money”. The actual number of betting poker players was 24. All but one came up short and went home financially less secure than they were when they arrived. Still, they rested assured that they could justify their state when assessing the fun they had enjoyed with their fellow Gyros.

The ultimate winner was **Allan Bleiken**. This is an exceptional win in that he is the first ever to claim the total pot and the trophy two years in a row. Some proposed that his new nickname should be “**Bluff Bleiken**”!



HEALTH AND FITNESS

By replacing your morning coffee with green tea, you can lose up to 87% of what little joy you still have left in your life.

I finally saw my doctor today and I showed him the rash on my butt. For some reason he just ignored me and kept pushing his cart through Costco.

**Have faith in the Pfizer vaccine.
Don't forget they make Viagra.

If they can raise the dead ...
They can save the living**

**I woke up this morning determined to drink less, eat right and exercise...

But that was 4 hours ago...when I was younger and full of hope.**

found out a dentist up the street got arrested for growing pot. been going to this guy for years. I never knew he was a dentist.

**The fitness trainer asked me, "What kind of a squat are you accustomed to doing?"
I said, "Diddly."**

CARS AND THE ENVIRONMET

The CDC is now recommending you wear a face mask over your eyes when pumping gas to prevent heart attacks.



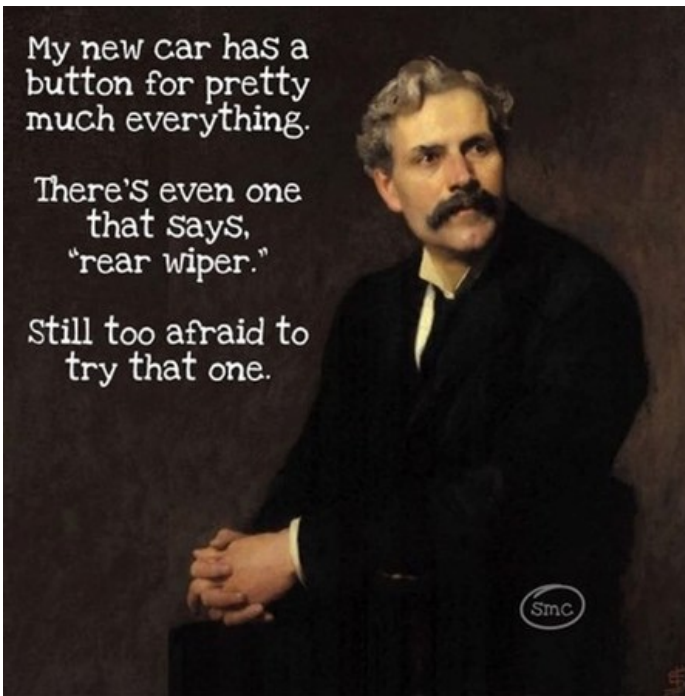
**AND, YOU THOUGHT SMOKING
AT THE PUMP WAS RISKY**



My new car has a
button for pretty
much everything.

There's even one
that says,
"rear wiper."

Still too afraid to
try that one.



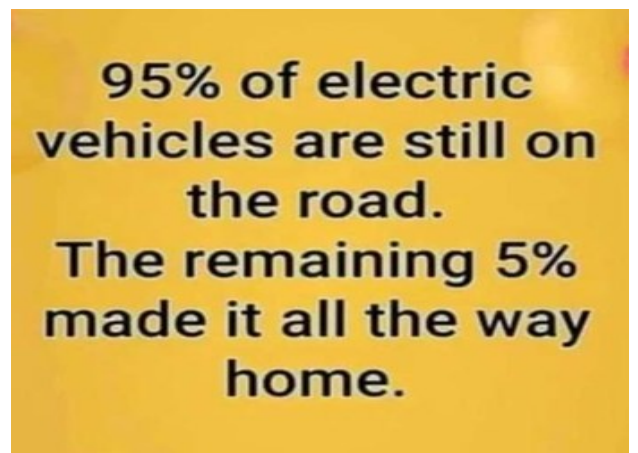
So you saw 5 people
beat up a guy on an
electric bike. Why
didn't you help?

I thought 5 was
enough.



**95% of electric
vehicles are still on
the road.**

**The remaining 5%
made it all the way
home.**



GIGGLES AND GUFFAWS



A college class was told they had to write a short story in as few words as possible. The instructions were: The short story had to contain the following three things:

- (1) Religion**
- (2) Sexuality**
- (3) Mystery**

Below is the only A+ short story in the entire class.

"Good God, I'm pregnant; I wonder who did it."

NURSERY RHYMES UPDATED FOR THE 21st CENTURY

Humpty Dumpty sat on a wall
Humpty Dumpty had a great fall
The structure of the wall was incorrect
So he won ten grand with Claims Direct.

It's raining, it's pouring
Of course its global warming.

Jack and Jill went into town
To fetch some chips and sweets
Now he can't keep his heart rate down
And she's got diabetes.

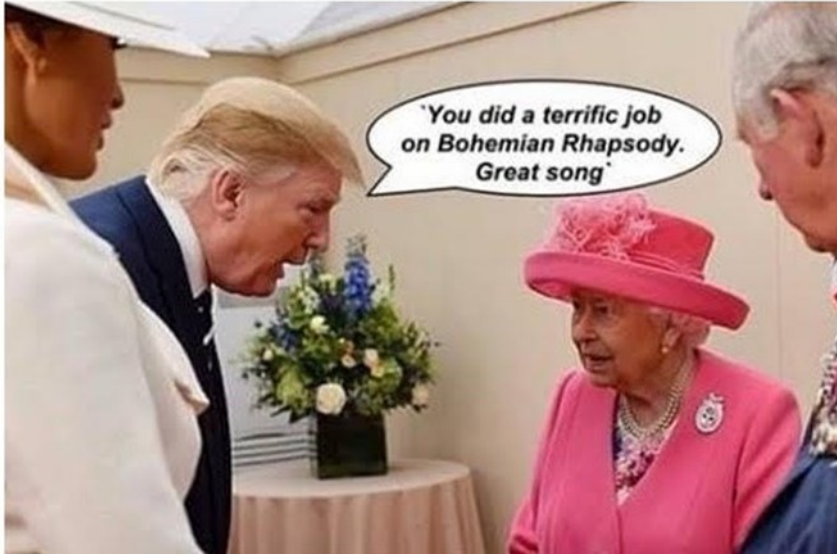
Georgie Porgie pudding and pie
Kissed the girls and made them cry
When the boys came out to play
He kissed them too coz he was gay.

Mary had a little lamb
It ran into a pylon
10,000 volts went up it's arse
And turned it's wool to nylon.



MEANWHILE NOT IN CANADA

You've heard of Elf on the Shelf,
now get ready for



New York from the air



Dear World:



BEVERAGE BANTER



Home schooling science lesson went really well this week.



Next week - marketing and distribution.



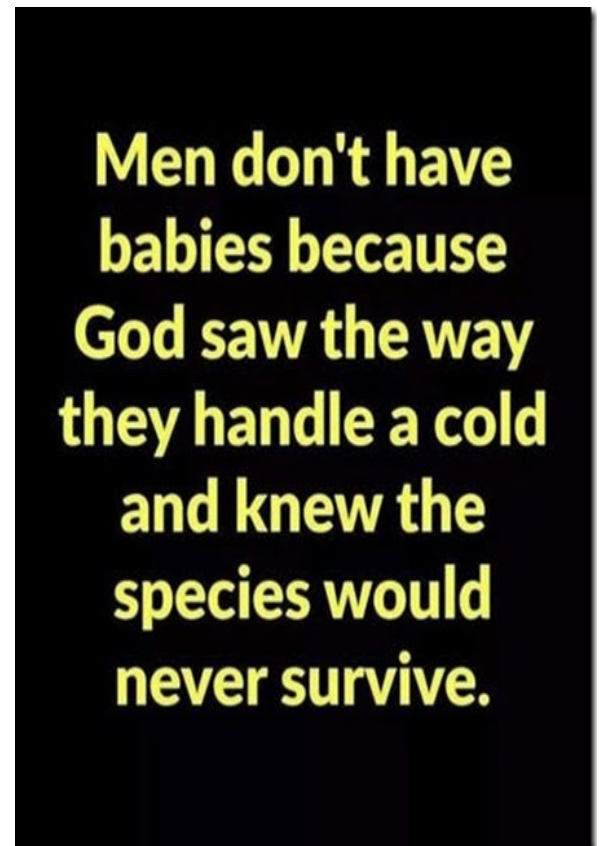
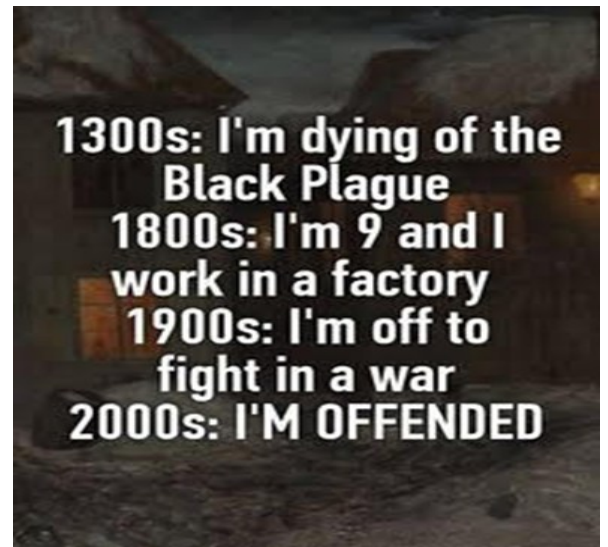
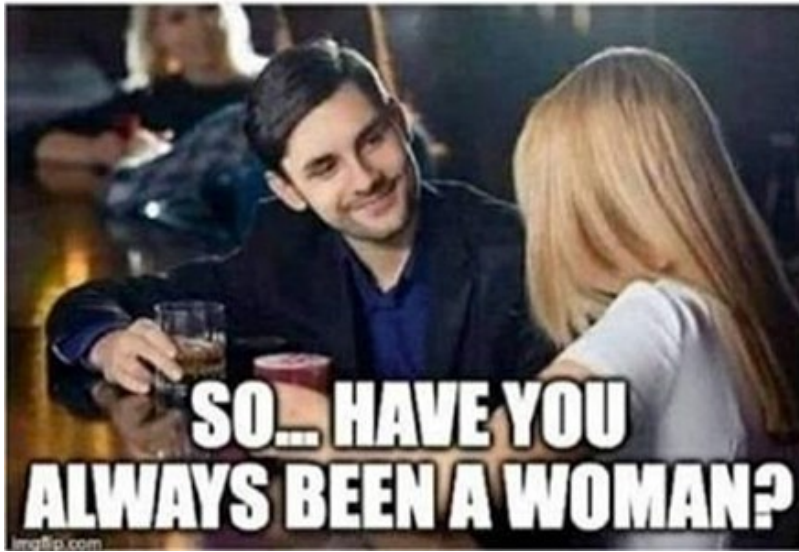
Did you hear about the town that legalised pot but banned alcohol?

The residents were left high and dry.

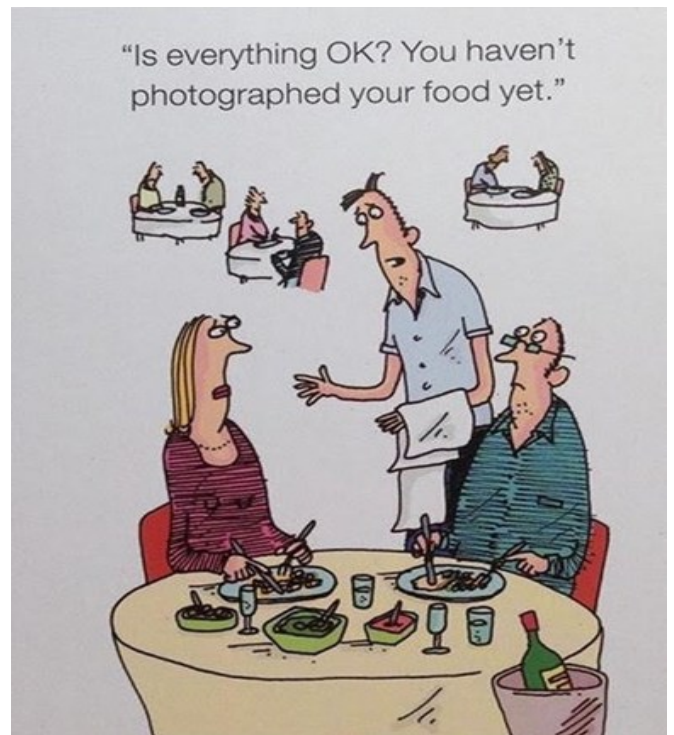
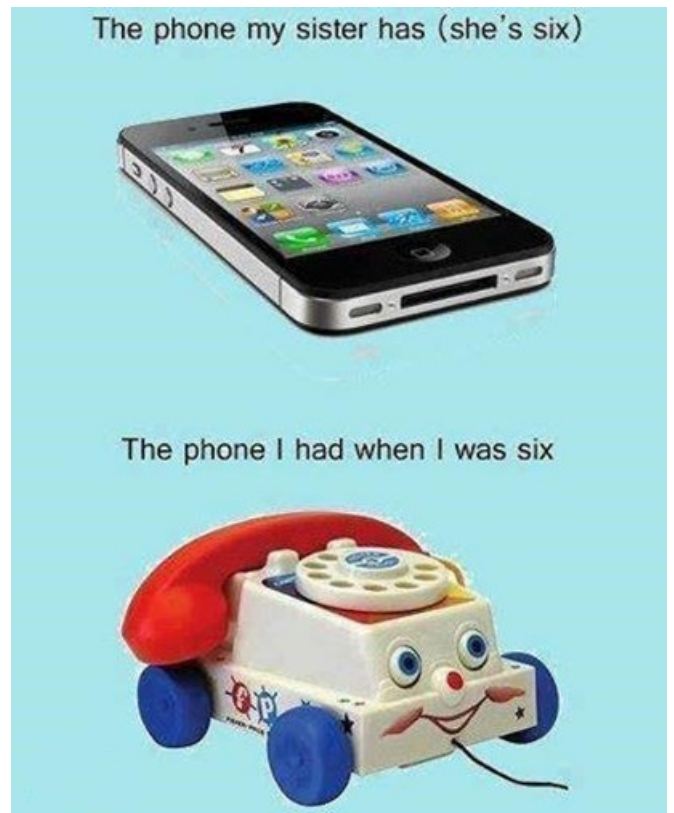
They should put more wine in a bottle, like so there's enough for two people.

WOK FOLK

DATING IN 2022:



COMPUTER CONFUSION



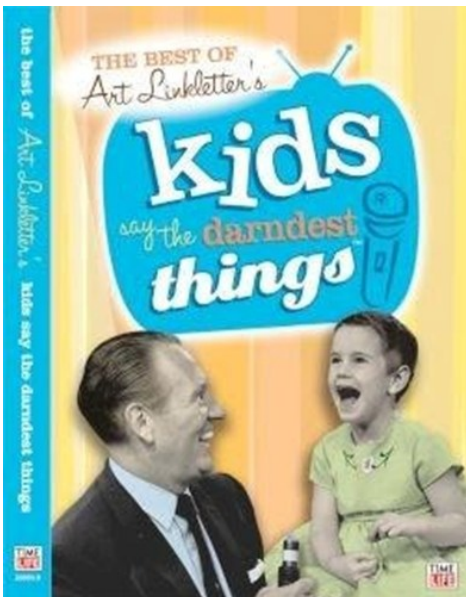
THOSE WERE THE DAYS

IF YOU USED ONE OF THESE
BACK IN THE DAY



CHANCES ARE YOU'RE
IMMUNE TO EVERYTHING

When you were
little did you have
to call grown ups
Mr. Or Mrs. or
Auntie or Uncle
Never by their
first names?
We did 🤔



LINGUISTIC LUNACY



My wife sent me a text that said, "Your great"

So, naturally, I wrote back, "No, you're great"

She's been walking around all happy and smiling.

Should I tell her I was just correcting her grammar or leave it?

A teacher told me not to worry about spelling because in the future there will be autocorrect, for which I am eternally grapefruit.



A bar goes into a man, not a joke, just a tragic industrial accident

AGING GRACELESSLY



If you take care of things



They last.



I DON'T RISE WITH THE SUN..



**I RISE WITH THE
CALL OF THE BLADDER!**



FLIRTING WITH DEATH

MY ANXIETY MEDICINE

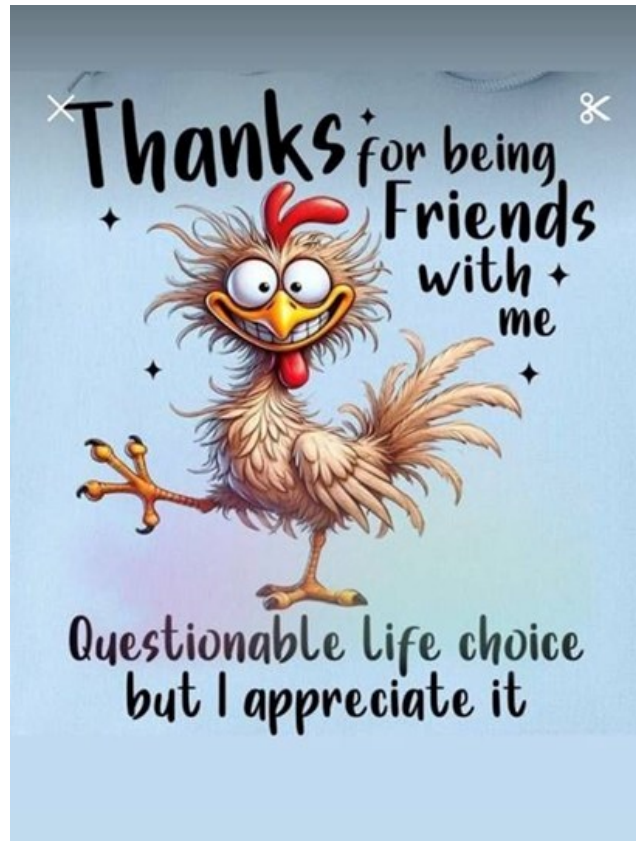
In these uncertain times it is easy to let your anxiety start to creep up. Perhaps while we are in various states of armed combat, political strife and major health issues, some images from our amazing world will help



ANIMAL INSTINCTS



GYRO FRIENDSHIP PICTURE OF THE WEEK



AND THE LAST WORD....

I REMEMBER WHEN THE OILERS FILLED US WITH A HOPE THAT GOT US THROUGH UNTIL SPRING.