

THE OFFICIAL BULLETIN OF THE GYRO CLUB OF SHERWOOD PARK



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I WAS JUST THINKING: Have you ever noticed how many towns are named after their water tower?

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The Club's Grand Poobahs:

President: **Nestor Slipchuk**

Vice President: **Don Greig**

Past President: **Bruce Copeland**

Treasurer: **Ted Ewanchuk**

Secretary: **Ray Davis**

Club. Admin. **Ray Davis**

Registrar: **Dorne Hunt**

Directors: **Gordon Stewart; Paul West; Sid Slade; Ted Ewanchuk**

Bulletin Editor: **Scott Brisbin**

Webmaster: **Ray Davis**

EDITOR'S RANT

Alzheimer's and other forms of dementia are a terrible scourge inflicted on millions of people around the world. The majority of those afflicted, but not all, are in their "senior" years. It may take some time to advance to the point where symptoms begin to become noticeable. Memory lapses beyond the common ones that accompany birthdays state to increase, followed by behavioural changes and cognitive decline. Eventually the ability to perform basic functions such as bathing, continence, feeding oneself and ultimately communicating with those around them, including their loved ones are inevitable mileposts on the sad and frightening journey that is dementia. Temperament changes that are totally foreign to any past history throughout their life can severely augment stress on loved ones and family caregivers

In an organization such as our Gyro club where the membership's age has advanced steadily over the years, it is no surprise that a number of our members are all too familiar with what I just described. Sadly a number of us have already lost our spouses or close friends and relatives to this disease or we are in the midst of witnessing one of the stages right now.

As most of you know, I am personally approaching the point where my daughter and I can no longer care for my wife Calli and will have to turn her over to a group of trained professionals. We are exhausted and she needs more help that we can give her now. I anticipate that when that day arrives we will be

Rant cont'd.

overcome with a sense of relief and extreme sadness.

I am writing this today because I learned that one of my close cousins, who has been battling dementia for a decade, finally got relief and passed away. My sister is in the late stages of the same battle. I am struck by sadness and decided to put down my emotions on paper to share with a group of friends. If you are personally familiar with what this dreadful disease entails as it progresses to its inevitable conclusion, you have my deepest empathy. If you are lucky enough to have avoided the experience, I hope that continues.

I have found comfort in a concept noted by an American physician who wrote a book titled "Evolution Angel". The thought that stuck with me was that witnessing dementia was like watching the patient slowly moving out of their home one room at a time. I have found comfort in that image.

NEXT MEETING: FOUNDERS NIGHT October 17th

This is always a fine evening when the two clubs get together in a more formal setting to celebrate the original three men who founded Gyro over a century ago. It is a mixed meeting with spouses and friends welcome and encouraged to attend. This year the Edmonton club is hosting and organizing the event and it will be held at the **Derrick Golf and Winter Club, 3500, 119 Street NW**. Cocktails begin at 5:30 and dinner will be served at 6:30. If you had only contemplated going but did not take action on the thought, unfortunately you will miss a great time and your choice of a steak or salmon dinner. The deadline to reserve your spot(s) was October 10th. Better luck next year!

CURLARAMA: November 3rd to 5th

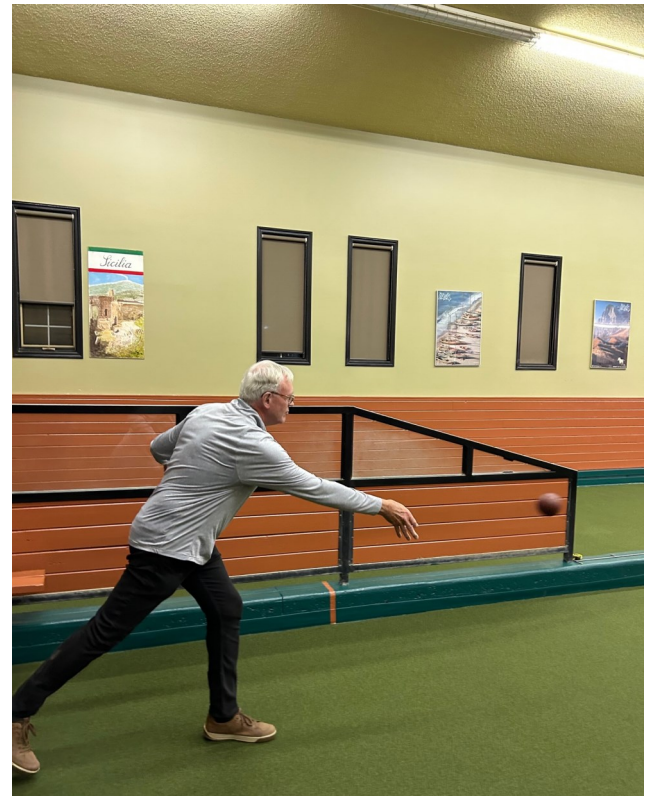
The ice in Canmore will be full of Gyros from multiple clubs again this year. Dorne Hunt is listed as the contact man. Lloyd Wilson is the club's Promotions Manager and he is pleading for ideas to make this event at least financial break-even one to atone for failures to do so in past years. He is tired of all the self mocking he subjects himself too each year.

Alan Clark

For those of you who knew him, Jim Copeland passed along news that Al Clark, a long time member of the Calgary club, had passed away after a long battle with cancer on September 29th.

LAST EVENT: BOCCE NIGHT October 4th

There was a great turnout for the joint meeting with the Edmonton club at the Santa Maria Goreti Centre, our traditional annual scene for our Bocce night. As always, the food, was fantastic, as was the comraderie with both memberships. The bocce ended with **Bernie Kropp, Larry Dobson, George Shuller, and Dorne Hunt** winning the A side and **Milt Lanes, John Williams, Chuck Gerhart and Ron Trant** taking the B side. A big thanks to **Augie Annicchiarico** for putting this together again this year.



BOCCE contd:



The winners of the **A Event** were **Bernie Kropp, Larry Dobson, Georg Schuller and Dorne Hunt.**



The **B Event** winners were **Milt Lanes, John Williams, Chuck Gerhart and Ron Trant.**

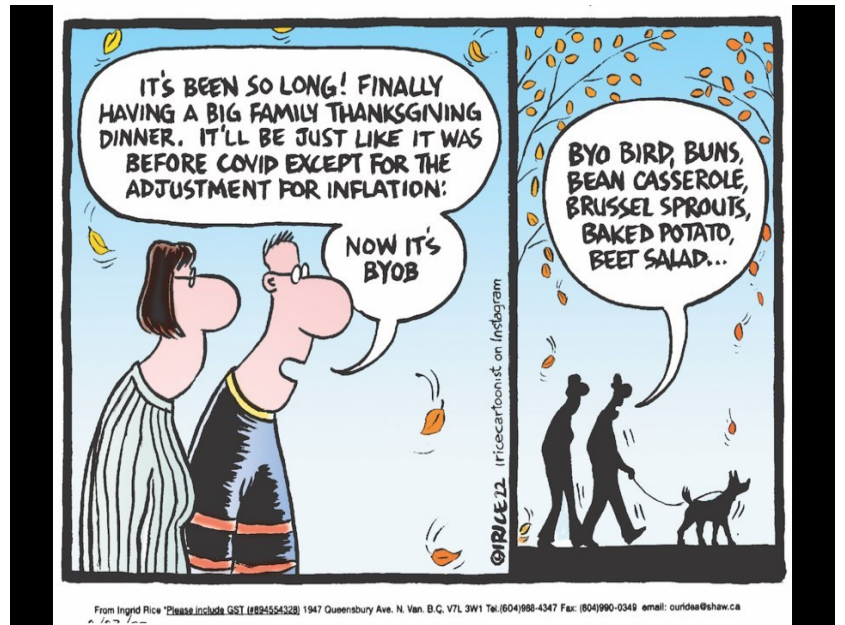
I was sitting at the bar staring at my drink when a large, trouble-making biker steps up next to me, grabs my drink and gulps it down in one swig.

"Well, whatcha' gonna do about it?" he says, menacingly, as I burst into tears. "Come on, man," the biker says, "I didn't think you'd cry. I can't stand to see a man crying."

"This is the worst day of my life," I said. "I'm a complete failure. I was late to a meeting and my boss fired me. When I went to the parking lot, I found my car had been stolen and I don't have any insurance. I left my wallet in the cab I took home. I found my wife with another man ... And then my dog bit me."

"So, I came to this bar to work up the courage to put an end to it all. I buy a drink, I drop a capsule in it and sit here watching the poison dissolve. Then you show up and drink the whole thing!

THANKSGIVING IN CANADA



MEANWHILE IN CANADA



Meanwhile in Canada
@MeanwhileinCana

Rock on, leaf.



Meanwhile In Alberta
@MeanwhileinAB

...

I know this is very controversial but I am 100% in support of mandatory vacations for everyone and mandatory booster vacations every 3 months.



IT'S THE LAW



**The Officer Said,
"You're Staggering"
I Said, "You're Quite
Handsome Yourself"
We Just Laughed
And Laughed.
I Need Bail Money.**

I was driving when I saw the flash of a traffic camera. I figured that my picture had been taken for exceeding the limit even though I knew that I was not speeding.

Just to be sure, I went around the block and passed the same spot, driving even more slowly, but again the camera flashed. Now I began to think that this was quite funny, so I drove even slower as I passed the area once more, but the traffic camera again flashed.

I tried a fourth and fifth time with the same results and was now laughing as the camera flashed while I rolled past at a snail's pace.

Two weeks later, I got five tickets in the mail for driving without a seat belt.

You know, you just can't fix stupid.



I'm starting to really like the smell of cocaine

COMPUTER CONFUSION



**AS A KID, I USED TO
WATCH THE WIZARD OF
OZ AND WONDER HOW
SOMEONE COULD TALK
IF THEY DIDN'T HAVE A
BRAIN. THEN I GOT
SOCIAL MEDIA.**



STILL IN CANADA...

Another dose of Canadian Political reality:

Politicians always want to know what the Majority are thinking on the Street

-----.

Prime Minister Trudeau decides it would be good for his and the government's image if he visited a remote northern Canadian "reserve."

With news crews following him around as they tour the place, the Prime Minister asks the chief if there was anything the residents need.

"Well," says the chief, "We have three very important needs. First, we have a medical clinic, but no doctor."

Prime Minister whips out his cell phone, dials a number, talks to somebody for two minutes and then hangs up.

"I've pulled some strings. Your doctor will arrive in a few days. Now what was the second problem?"

"We have no way to get clean water. The local mining operation has poisoned the water our people have been drinking for thousands of years. We've been flying bottled water in, and it's terribly expensive."

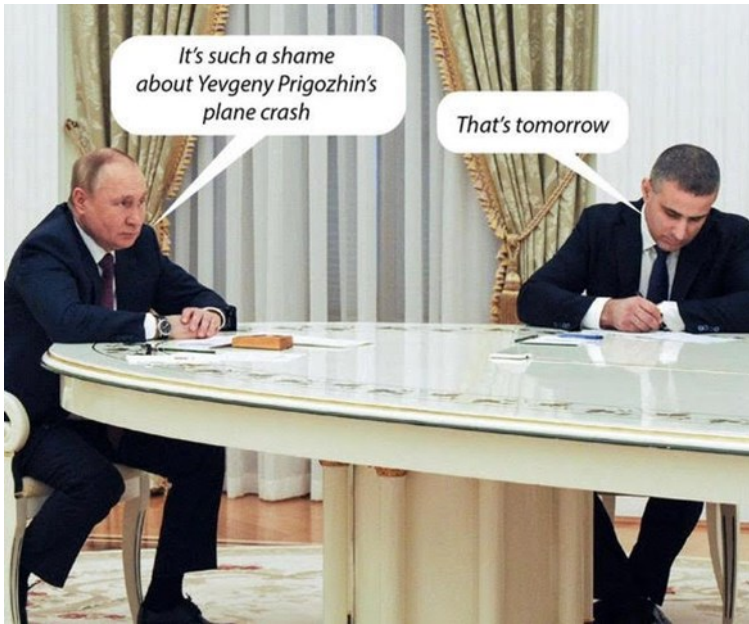
Once again, Prime Minister Trudeau dials a number, yells into the phone for a few minutes, and then hangs up.

"The mine will be shut down, and the owner will be responsible for setting up purification plant for your people.

Now, what was that third problem?"

"We have no cell phone reception up here," the chief says

MEANWHILE NOT IN CANADA



"Someone's yelling 'Lauren Boebert' in a crowded theatre."



THOSE WERE THE DAYS

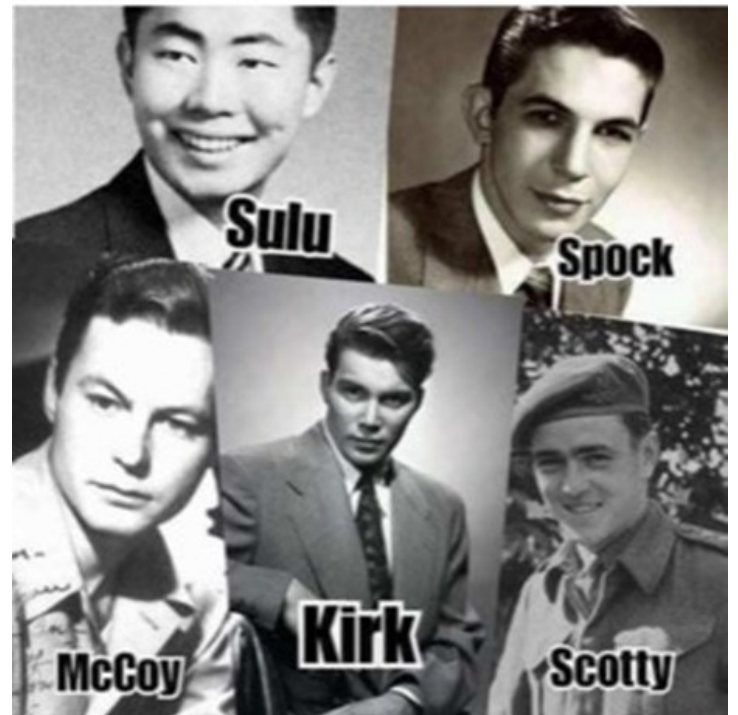


ABBA Then and Now

Fathers and sons: Richard Starkey, Sr., Alfred Lennon, James McCartney, Sr., Harold Harrison.



Bob Hope, Frank Sinatra, Bing Crosby and John Wayne.



SIGNS OF OUR TIMES



AGING GRACELESLY

Perks of being over 70, heading towards 80 and beyond!

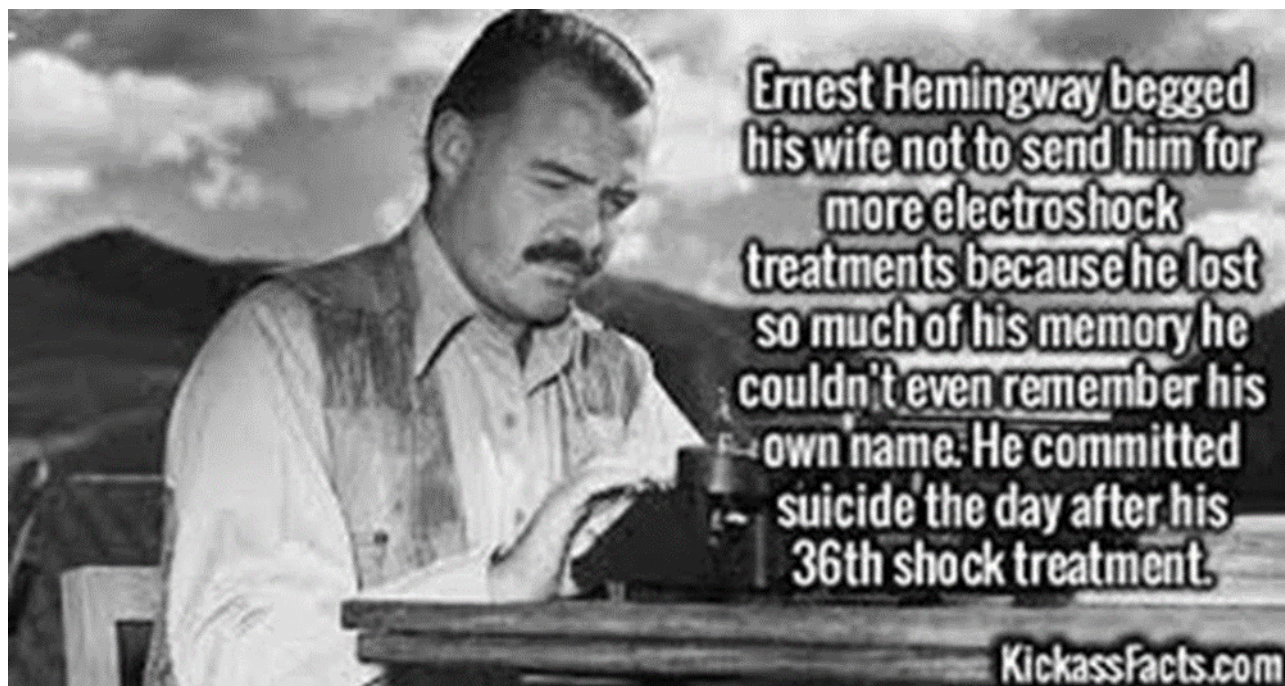
(Printed in large print for your convenience)

- 1. Kidnappers are not very interested in you.**
- 2. In a hostage situation, you are likely to be released first.**
- 3. No one expects you to run -- Anywhere.**
- 4. People call at 9 PM (or 9 AM) and ask, 'Did I wake you?'**
- 5. People no longer view you as a Hypochondriac.**
- 6. There is nothing left to learn the hard way.**
- 7. Things you buy now will never wear out.**
- 8. You can eat supper at 4 PM.**
- 9. You can live without sex but not your glasses.**
- 10. You get into heated arguments about pension plans.**

Contd.

TRUTH BEATS FICTION, and that's the truth (Do you hear that, politicians?)

Speed is now so important in financial trading that a new \$300 million transatlantic cable was laid down in order to shave 5 milliseconds off communications between New York and London



Ernest Hemingway begged his wife not to send him for more electroshock treatments because he lost so much of his memory he couldn't even remember his own name. He committed suicide the day after his 36th shock treatment.

KickassFacts.com

AGING GRACELESSLY contd.

11. You no longer think of speed limits
As a challenge.

12. You quit trying to hold
Your stomach in no matter who walks
Into the room.

13. You sing along
With elevator music.

14. Your eyes won't get
Much worse.

15. Your investment in health insurance
Is finally beginning to pay off.

16. Your joints are more **accurate meteorologists**
Than the national weather service.

17. Your secrets are safe with your friends
Because they can't remember them either.

18. Your supply of brain cells is finally down to
A manageable size.

DID YOU KNOW?

Did you know McDonald's once created bubblegum-flavored broccoli?



**McDonald's
serves
spaghetti in the
Philippines.**

GYRETTE GIGGLES

In every partnership, there is a person who stacks the dishwasher like a Scandinavian architect and a person who stacks the dishwasher like a racoon on meth!



My wife got stung by a bee on the forehead, she's at the ER now, her face all swollen and bruised, she almost died.

Luckily I was close enough to hit the bee with my shovel!

Me: Bathroom is cleaned.

Wife: Thank you.

Me: Why do we keep the toilet brush in the shower?

Wife: What?

Me: Why is the toilet brush in the shower?

Wife: What the hell are you talking about?

Me: The puffy thing with the handle.

Wife: MY LOOFAH?!

Me: You named the toilet brush?

She: You want dinner?

He: What are my choices?

She: Yes or No

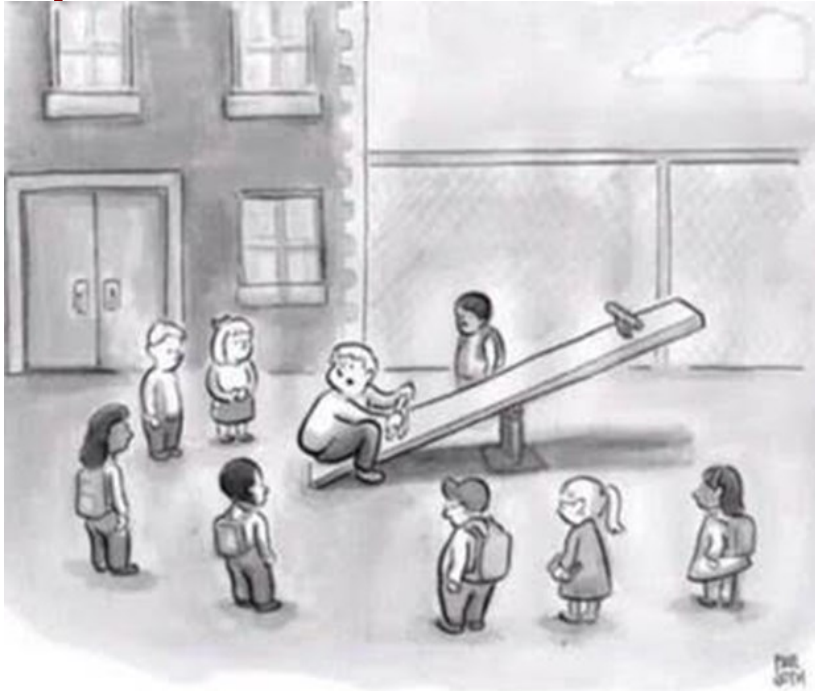
KID'S KOMEDY

H
O

It takes time to learn how to play hide and seek



D
I



“O.K., now, when a teacher comes out, everybody look straight up.”

T
W

GRANDMA CAN I COME AND LIVE WITH YOU?
I LIKE IT BETTER AT YOUR HOUSE, I'M THE BOSS THERE.



It'll soon be Halloween so time to prepare some yummy treats for the neighbourhood kids. Try dipping Brussels sprouts in chocolate for them.

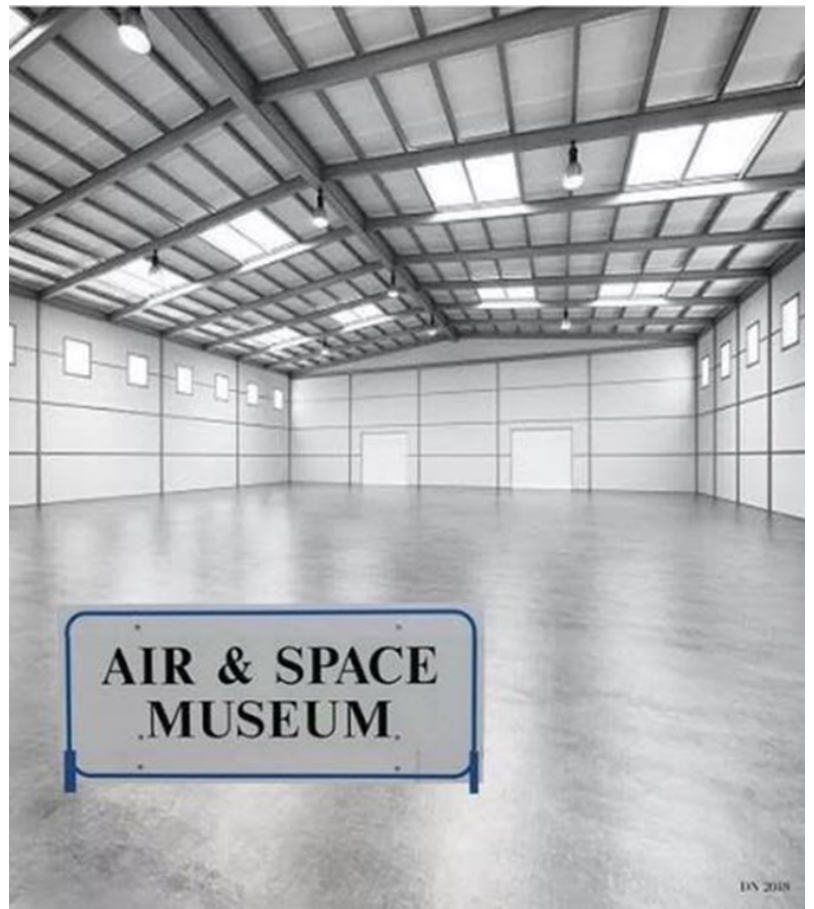


ANXIETY MEDICINE

In these uncertain times it is easy to let your anxiety start to creep up. Perhaps while we are in various forms of lock-down, some images from our amazing world will help remind us that regardless of how things may look right now, we are indeed so lucky to be inhabiting this beautiful planet.



Hmmmm....



SO NOW COCAINE
IS LEGAL IN
OREGON, BUT
STRAWS AREN'T.
THAT MUST BE
FRUSTRATING.



Walmart had to remove
50,000 milk cartons from
their store.

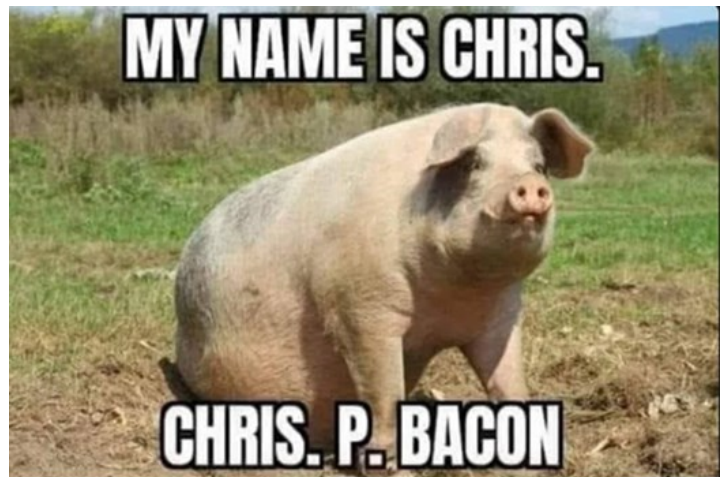
The labels have to be
changed from "Open here"
to "Open at home"



The Grinnin' Bear



ANIMAL INSTINCTS



The emotional support dog after I get done telling it my problems.



IT'S AWCTOBER



"Fart" Halloween costume

halloween special: a guy named eric lind captured these photos of an owl at his parent's house. it has stolen a child's stick horse and is flying around the neighborhood with it.



SNICKERS AND GUFFAWS



GYRO FRIENDSHIP PICTURE OF THE WEEK

I asked my next door neighbour to take my bin out as I wouldn't be home...
He definitely went above and beyond.



AND THE LAST WORD....

