THE AFFICIAL DILLETIN AF THE CVDA CLUD AF CHEDWAAN DADK



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I WAS JUST THINKING: When you step on the brakes, your life is in your foot's hands.

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EDITOR'S RANT

Some of you may have actually read the past few bulletins and noted that they were had a political slant or an expression of frustration about something in our world. Today, I am still frustrated and alarmed about the state our city, province, country and world but choose to stray to a different topic. A friend sent this to me and I wanted to pass it along.

I would like to share a personal experience with my friends about drinking and driving. This might save you the cost and embarrassment of being arrested for DUI.

As you know, people have been known to have unexpected brushes with the authorities from time to time, often on the way home after a "social session" with family or friends. Well, this just happened to me. I was out for the evening to a party and had more than several margaritas coupled with a bottle of rather nice red wine. It was held at a great Mexican restaurant.

Although relaxed, I still had the common sense to know I was slightly over the limit. That's when I did something I've never done before...I took a taxi home. On the way home there was a police roadblock, but since it was a taxi they waved it past and I arrived home safely without incident. These roadblocks can be anywhere and I realized how lucky I was to have chosen to take a taxi. This was a real surprise to me, because I had never driven a taxi before. I don't even know where I got it, and now that it's in my garage I don't know what to do with it.

So, anyway, if you want to borrow it give me a call.

HEALTH AND WELFARE

No news is to be viewed as good news. For the most part, we remain a healthy lot and to my knowledge none of us are on the welfare rolls yet despite a somewhat frightening economy.

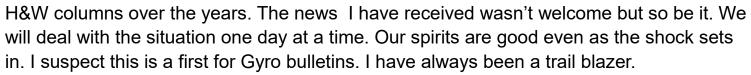
I do have one report that personally hits close to home. Sadly, my wife Calli continues her slide down the dementia slope. She is still at home and we do have home care assistance for 4 hours a day which has been vital in allowing our daughter, Dallyce (bless her) and me to cope with the challenges. However, we are both stressed and exhausted. I know this is a familiar personal story for many of you and our empathy grows by the day. Unfortunately, I am now adding to the challenges. As mentioned in a previous bulletin, I had a GI bleed while Calli was in the hospital that precipitated a two for one special Gastroscopy/colonoscopy. The reports came back with good news and I put the episode down to stress. Unfortunately, I received another phone call from the GI doctor while I was playing cribbage with fellow Gyros last week and the prognosis had changed following lab tests on the two small polyps they had found. One of them showed cancer.

The doctor wanted to do another colonoscopy to tattoo the site of the offending polyp

before the scar healed so that the surgeon could more accurately restrict how much colon he had to remove. I have never had a tattoo and had not planned on one but at least this one would be discrete and temporary. The date for the laparoscopic surgery has not yet been set, but a number of preliminary tests are now done or in progress.

The tattoo looks more like a homely, visually impaired fetus to me.

So that is the current state of affairs at the Brisbin household. I have been blessed that I have not had to report on my own health in past

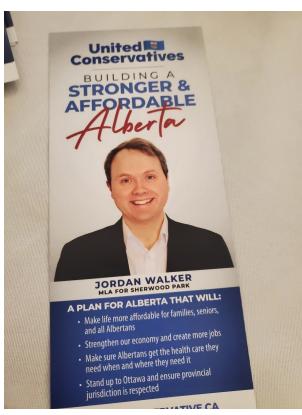






LAST MEETING: Guest Speaker Night April 12th

On Wednesday evening 21 gyros gathered to listen to Sherwood Park's UCP MLA, **Jordan Walker**, talk to us about the recent budget which will lead us into the upcoming election in May. He highlighted what is in it for Sherwood Park. Of note is the \$3 million designated for beginning our hospital's addition that will make it a full service hospital. There are also plans for a number of new schools and an increase in the number of ambulances. The discussion precipitated by his talk focused on health care, right wing government policies, etc. Although the topic was obviously political, the discussions remained peaceful and respectful. A big thankyou to **Ken Lesniak** for arranging this "Guest Speakers Evening and to Mr. Walker for sharing his and his party's message.









NEXT MEETING: MIXED DINNER MEETING April 25th

Gyros and Gyrettes will have the chance to dine out together at the famous **Yang Ming Buffet**, **located** AT 3414—118 Avenue (the old Beverly Crest Motor Hotel). The menu includes everything from perogies and cabbage rolls to roast beef and sushi as well as traditional Cantonese dishes. Be prepared to wear loose-fitting clothing. It is all great food.

The per-person cost of this treat is \$24.99 plus gratuity.

Please notify Nestor Slipchuk if you plan to attend so that he can make the reservations. n.slipchuk@yahoo.com

Reminder: JACK BEATTIE celebration of life will be held at the Belvedere Golf and Country Club on Saturday, **April 29th at 2:00 PM.**

NEWS FLASH

At a recent board meeting **NESTOR SLIPCHUK volunteered to take on the club's vacant Vice-President (president-elect) position.** This is wonderful news for the club and bodes well for it's continuing fine future. Big "thanks" go out to Nestor for his generosity with his time and considerable talent.

COMPUTER CONFUSION

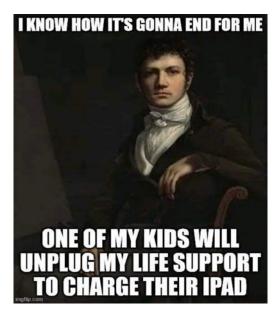












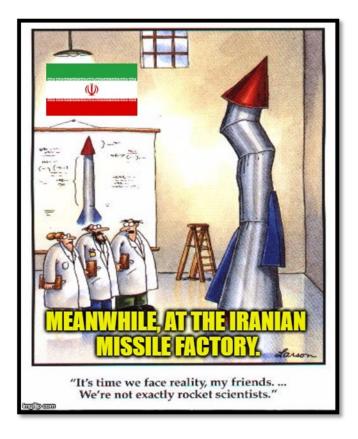
MEANWHILE <u>NOT</u> IN CANADA

MEANWHILE IN BELERUS











MEANWHILE IN CANADA

Things Invented by Canadians



- Peanut Butter
- IMAX
- Discovered Insulin
- Hodgkin's disease cure
- Maple Syrup *Indigenous Snow Blower

MiC

- California Roll
- Superman
- Basketball
- The Walkie-Talkie
- Hockey Goalie Mask
- The Instant Replay
- Plexiglass
- Trivial Pursuit
- The Paint Roller

- Ebola Vaccine
- Electric Wheelchair
- Hydrofoil
- Snowmobile
- Sonar
- Ice Hockey
- Table Hockey
- Electron Microscope
- Cardiac Pacemaker
- Caesar Cocktail
- Egg Carton
- Caulking Gun
- The Garbage Bag

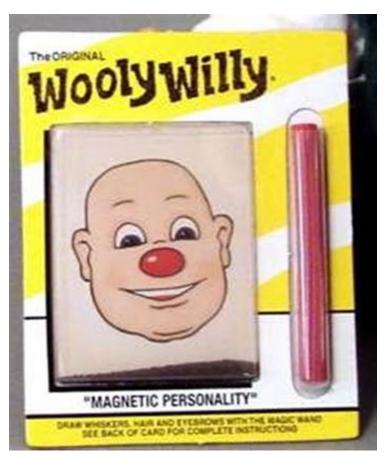
Questions about Canada posted on an International Tourism Website and Answered by Cheeky Canadians

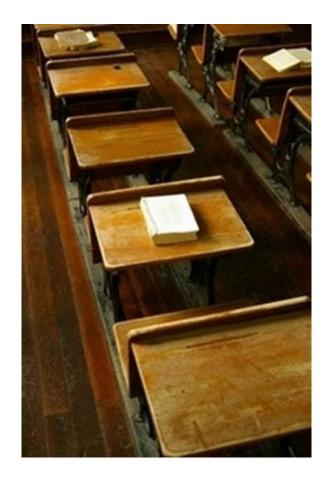
- Q: Will I be able to see Polar Bears in the street? (USA)
- A: Depends on how much you've been drinking.
- Q: I want to walk from Vancouver to Toronto-can I follow the railroad tracks? (Sweden)
- A: Sure, it's only four thousand miles, take lots of water.
- Q: Is it safe to run around in the bushes in Canada? (Sweden)
- A: So it's true what they say about Swedes.
- Q: It is imperative that I find the names and addresses of places to contact for a stuffed Beaver. (Italy)
- A: Let's not touch this one.
- Q: Are there any ATM's (cash machines) in Canada? Can you send me a list of them in Toronto, Vancouver, Edmonton and Halifax? (UK)
- A: What did your last slave die of?
- Q: Can you give me some information about hippo racing in Canada? (USA)
- A: A-fri-ca is the big triangle shaped continent south of Europe. Ca-na-da is that big country to your north. Oh forget it. Sure, the hippo racing is every Tuesday night in Calgary. Come naked.
- Q: Can I bring cutlery into Canada? (UK)
- A: Why? Just use your fingers like we do.
- Q: Can you tell me the regions in British Columbia where the female population is smaller than the male population? (Italy)
- A: Yes, gay nightclubs.

THOSE WERE THE DAYS









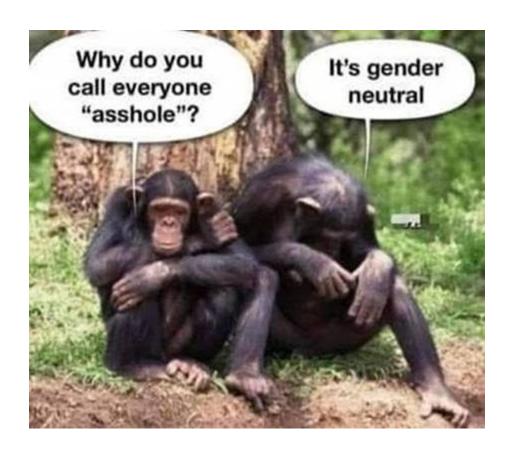
GENDER ISSUES 2023

What is it, Doctor? A boy or a girl?



We're not allowed to assume the gender anymore. But it definitely has a dick though.

nowadays. You have to be able to explain the birds & the bees... The bees & the bees... The birds & the birds... The birds & the birds... The birds & the birds... The birds & that used to be bees... The bees that used to be birds... The bees that used to be birds... The birds that look like bees... Plus bees that look like birds but still got a stinger!!!



SIGNS OF OUR TIMES (Sadly)













THOUGHTS ON AGING

"It's paradoxical that the idea of living a long life appeals to everyone, but the idea of getting old doesn't appeal to anyone."

- Andy Rooney

"The older I get, the better I used to be."

– Lee Trevino

"To get back to my youth I would do anything in the world, except exercise, get up early, or be respectable."

- Oscar Wilde

"At age 20, we worry about what others think of us... at age 40, we don't care what they think of us... at age 60, we discover they haven't been thinking of us at all."

- Ann Landers

"I have reached an age when, if someone tells me to wear socks, I don't have to."

- Albert Einstein

"When I was young, I was called a rugged individualist. When I was in my fifties, I was considered eccentric. Here I am doing and saying the same things I did then, and I'm labeled senile."

- George Burns

"The important thing to remember is that I'm probably going to forget."

– Unknown

"The older we get, the fewer things seem worth waiting in line for."

- Will Rogers

"Inside every older person is a younger person wondering what happened."

- Jennifer Yanez

"Old age is like a plane flying through a storm. Once you are aboard there is nothing you can do about it."

- Golda Meir

"I'm so old that my blood type is discontinued."

- Bill Dane

"The older I get, the more clearly I remember things that never happened.

- Mark Twain

"I don't plan to grow old gracefully. I plan to have face-lifts until my ears meet."

- Rita Rudner

"Nice to be here? At my age it's nice to be anywhere."

— George Burns

"First you forget names, then you forget faces, then you forget to pull your zipper up, then you forget to pull your zipper down."

- Leo Rosenberg

GYRETTE GIGGLES

NEVER LEAVE HOME
WITHOUT A KISS, A HUG
AND AN 'I LOVE YOU.'
THEN REMOVE THE DOG
HAIR FROM YOUR MOUTH
AS YOU WALK TO THE
CAR.



Karen's 911 Call

Karen was cleaning Kyle's rifle and accidentally shot him. She calls 911.

Karen: It's my husband, I've accidentally shot him, I've killed him.

911 Operator: Please calm down, ma'am. Can you please make sure he's actually dead?

[Click]... BANG

Karen: OK, I've done that. What now?

One big difference between men and women is that if a woman says "Smell this", it usually smells nice.



AGING GRACEFULLY



Julie Andrews at age 79 (8 years ago)

To commemorate her birthday, actress/vocalist, Julie Andrews made a special appearance at Manhattan 's Radio City Music Hall for the benefit of the AARP. One of the musical numbers she performed was 'My Favorite Things' from the legendary movie 'Sound Of Music'. Here are the lyrics she used:

Botox and nose drops and needles for knitting, Walkers and handrails and new dental fittings, Bundles of magazines tied up in string, These are a few of my favorite things.

Cadillacs and cataracts, hearing aids and glasses, Polident and Fixodent and false teeth in glasses, Pacemakers, golf carts and porches with swings, These are a few of my favorite things.

When the pipes leak, When the bones creak, When the knees go bad, I simply remember my favorite things, And then I don't feel so bad.

Hot tea and crumpets and corn pads for bunions, No spicy hot food or food cooked with onions, Bathrobes and heating pads and hot meals they bring, These are a few of my favorite things.

Back pain, confused brains and no need for sinnin', Thin bones and fractures and hair that is thinnin', And we won't mention our short shrunken frames, When we remember our favorite things.

When the joints ache, When the hips break, When the eyes grow dim, Then I remember the great life I've had, And then I don't feel so bad.

MD'S KOMEDY

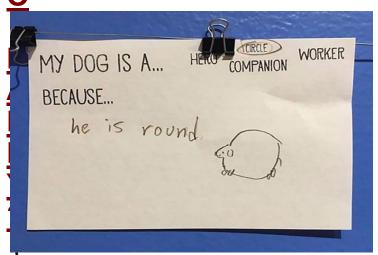
When parents start to crack during lockdown



After 10 years a wife started to think their child looks kinda strange so she did a DNA test and found out the child is not theirs, she told her husband what she found out, the husband replied, u don't remember do you?? When we were leaving the hospital the baby pooped and u told me go and change him so I went inside got a clean one and left the dirty one there. The wife fainted....



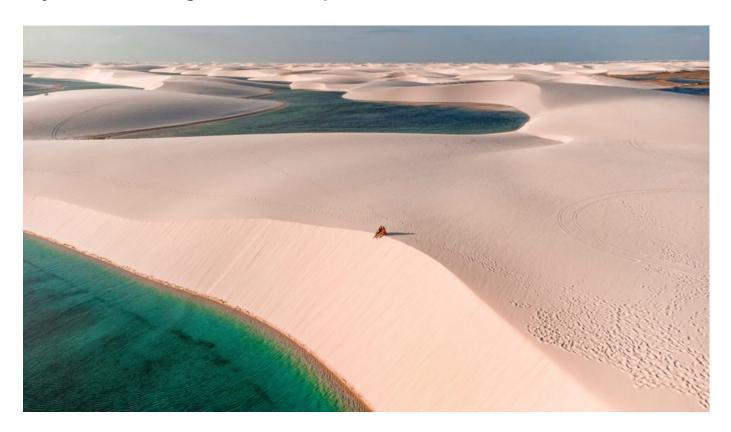
Having a teenage daughter is like having a cat that only comes out to eat and hisses when you try and be nice to it.





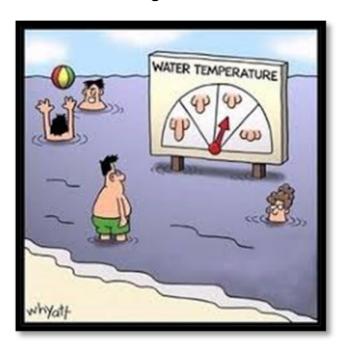
ANXIETY MEDICINE

In these uncertain times it is easy to let your anxiety start to creep up. Perhaps while we are in various forms of lock-down, some images from our amazing world will help remind us that regardless of how things may look right now, we are indeed so lucky to be inhabiting this beautiful planet.



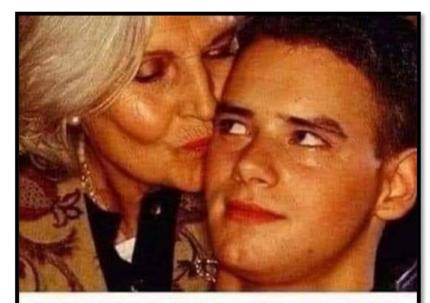


AFTER-THOUGHTS These are afew of the funnies that have lingered in mt files for ages as I mulled over whether they were bulletin material.



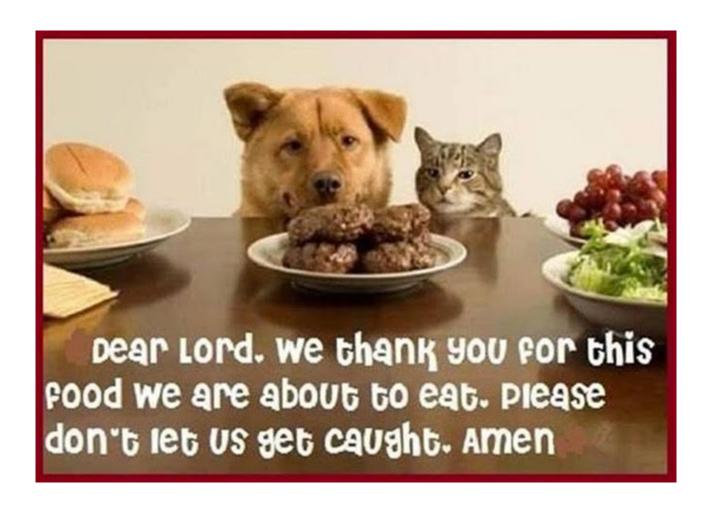
This is why social distancing is so important, folks! It's all fun and games until somebody loses an eye.





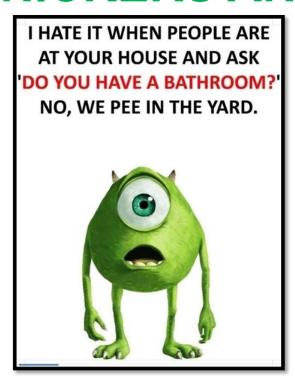
I met an older woman at a bar last night. She looked pretty good for a 60-year-old. In fact, she wasn't too bad at all, and I found myself thinking she probably had a really hot daughter. We drank a couple of beers, and she asked if I'd ever had a Sportsman's Double? 'What's that? I asked. 'It's a mother and daughter threesome,' she said. As my mind began to embrace the idea, and I wondered what her daughter might look like, I said, 'No, I haven't.' We drank a bit more, then she said with a wink, 'tonight's your lucky night'. We went back to her place. We walked in. She put on the hall light and shouted upstairs: 'Mom...you still awake?'

ANIMAL INSTINCTS





SNICKERS AND GUFFAWS



If you ever feel like your brain is inadequate... Think of this guy!



I read that, by law, you have to turn on your headlights when it's raining in Sweden. How the hell am I supposed to know if it's raining in Sweden?

I don't care how nice the hand soap smells... you should never walk out of the restroom sniffing your finger.





GYRO FRIENDSHIP PICTURE OF THE WEEK



AND THE LAST WORD....



As one prepares for his colonoscopy