

# THE OFFICIAL BULLETIN OF THE GYRO CLUB OF SHERWOOD PARK



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**I WAS JUST THINKING:** I never thought I'd be the kind of person who'd wake up early in the morning to exercise....And I was right.

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## The Club's Grand Poobahs:

President: **Bruce Copeland**

Vice President:

Past President: **Ted Ewan-chuk**

Treasurer: **Erik Braun**

Secretary: **Ray Davis**

Club. Admin. **Ray Davis**

Registrar: **Dorne Hunt**

Directors: **Bruce Schelske; Nester Slipchuk; Gordon Stewart; Paul West**

Bulletin Editor: **Scott Brisbin**

Webmaster: **Ray Davis**

## EDITOR'S RANT

I can't believe I'm writing or even thinking this, but this "winter" we are living in is just about the best around the continent. The meteorologists are regularly predicting climatological disasters. Sometimes they come true. In fact, their accuracy this year has been impressive.

Who would have believed that California, even as far South as Los Angeles would have snow? The Hollywood Hills had some white stuff. Even more impressive might be that East of Los Angeles in the San Bernardino area, TEN FEET of snow has stranded locals in small communities for over a week. Some reports have noted snow all the way to the Mexican border. Of course, that is a preferable "adventure as you cross the border than the experience of the foursome who were kidnaped just as they crossed into Mexico on their way to a cosmetic surgery appointment. Two of them were killed and another was wounded. I have always preferred snowflakes to bullets as we get sympathetic snickers from southern folks when they visualize us shivering in our igloos.

Vancouver has already had more snow that it has in any year since 1940. Blizzards have repeatedly swept East from Winnipeg to the Maritimes. Ontario and Quebec have had ice storms and blizzards that are reviving memories the folks there would rather forget.

The East coast of the US has faired no better. If it isn't shoveling and plowing, it is surveying the disasters wrought by

Rant continued

tornadoes. We still await hurricane season. Oh, and there are bound to be more fires and floods in places that are not called Sherwood Park.

It makes our couple of relatively brief cold snaps and lack of snow days for our schools look pretty good, doesn't it? I am not naïve. It's March. We have shoveled snow in April and even May in years past. But it felt so good to dial up friends around North America and when they answered, I just said, "Awww." And hung up.

Canadians checking to see if spring has arrived yet.



# LAST MEETING: Poker Night March 8th

Twenty one Gyros and one guest gathered at the GCC to squander their RIFF money at the poker tables. They were well fed and “watered” before the cards were shuffled up and dealt. Only seventeen actually put their wallets on the line. The others either ate and ran or watched the carnage.

Our guest none other than Dunc Mills, Gyro’s District VIII Lt. Governor. He gave us a brief report and a pep talk about growing our membership.

**Paul West** emerged the big winner, followed by **Bill Austin**. Paul’s retirement income is now secure. Bill appreciates missing out on caring for the ginormous trophy for the next 12 months. Thanks go to the organizers, **Al Gordon** and **Lawrence Zalasky**.



AS YOU ARE NOT DOUBT AWARE BY NOW, THE PLANNED VALENTINE DANCE EVENT WAS CANCELLED.

## **FUTURE MEETINGS:**

We are looking for suggestions, or even better—leads, for a guest speaker to enlighten us on the schedules April 12th meeting. Please **contact Ken Lesniak**.

**MARCH 22nd** has us scheduled for **DOMINOES NIGHT** at the GCC

**Ian Bannatyne**, assisted by **Paul West** are your go-to people for this relatively new event, featuring a few professionals and a bunch of novice amateurs. Please mark your calendars and let Ian know you are planning to attend.

## **HEALTH AND WELFARE**

**This seems to be good news month.**

**Ian Bannatyne's wife, Ann**, is home and getting mobile, improving day by day. It is likely to take a while but she is heading in the right direction.

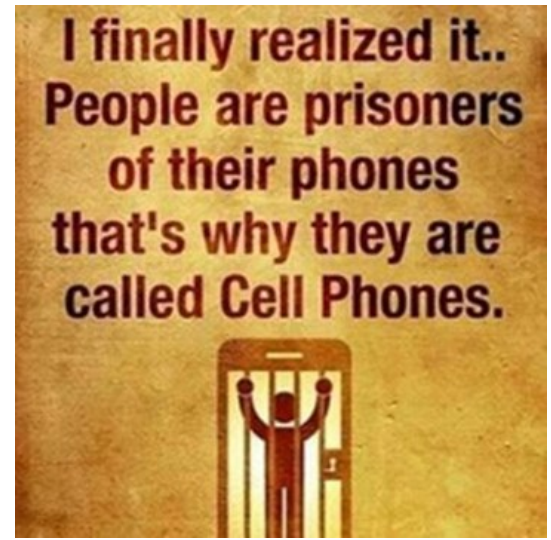
**Earl Korber** reports that **Lee** is adapting to her new facility quite well, is making friends and seems to be very happy. "The food can't be that bad. She is back eating three meals a day!"

**Calli Brisbin** is home and after all the hospital prescribed medications were discontinued she is starting to show some signs of her old self. For a woman who had never had a pill or medication in her body including local anesthetic for a root canal, other than BCP's for a while a "few" years ago, it may not be that surprising that the medications seemed to have the opposite of the desired effect. However, some of our daily tasks are more difficult with our fingers crossed.

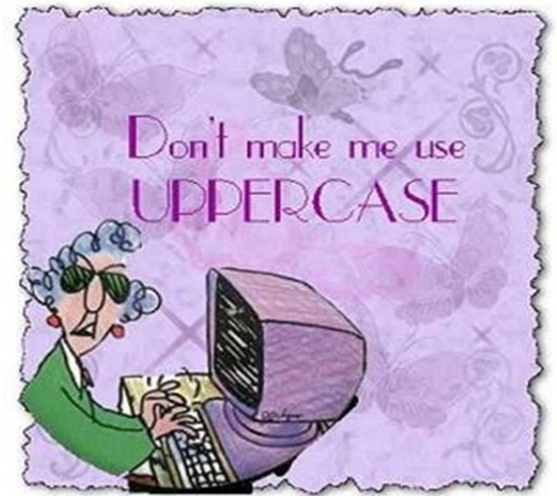
Every time we try to  
eat healthy, along  
comes Christmas,  
Easter, summer,  
Friday or Tuesday  
and ruins it for us.

REMODEL by the way

# COMPUTER CONFUSION

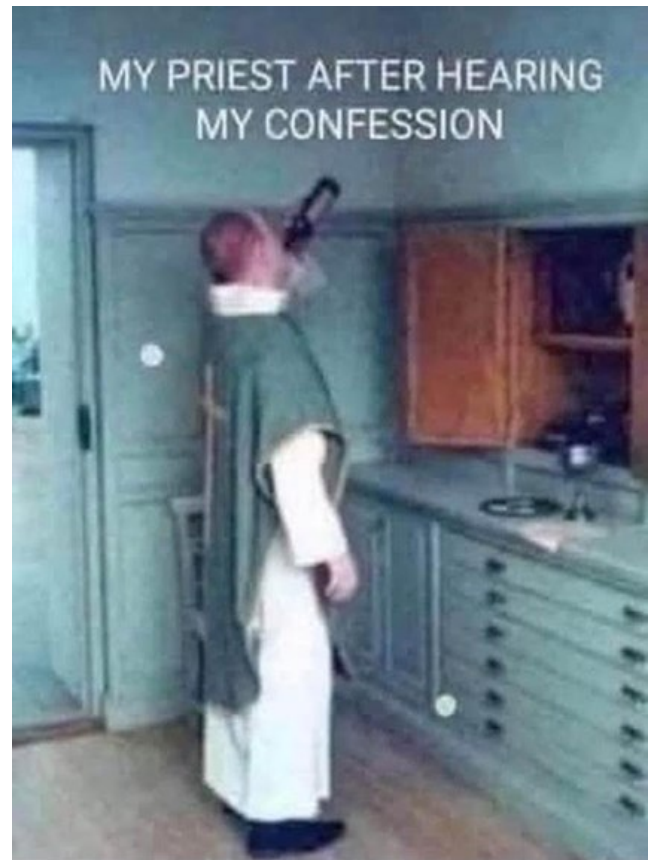
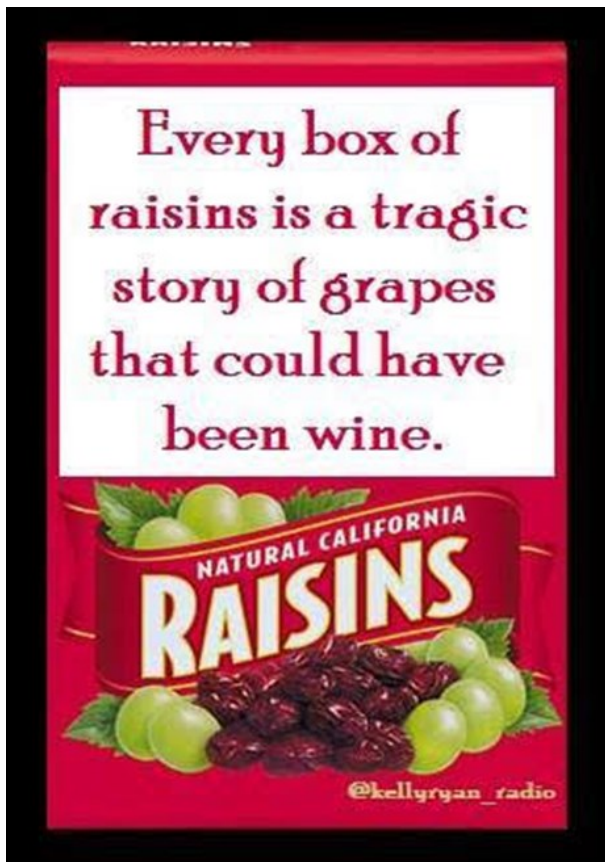
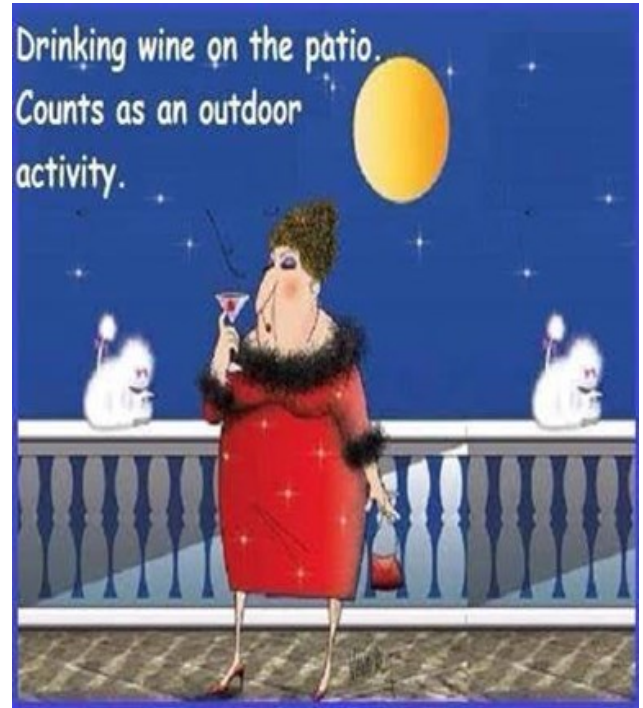


**My teacher said "Don't worry about spelling. In the future there will always be autocorrect." For that I'm eternally grapefruit!**



**MY WIFE ASKED ME WHY I  
SPOKE SO SOFTLY IN THE  
HOUSE.  
I SAID I WAS AFRAID  
MARK ZUCKERBERG WAS  
LISTENING!  
SHE LAUGHED.  
I LAUGHED.  
ALEXA LAUGHED.  
SIRI LAUGHED.**

# BEVERAGE BANTER



# POSITIVITY TIDBITS / DID YOU KNOW?

A giggle a day,  
keeps the  
grumps away!

♡ Snoopy



No matter  
how stressed  
you are,  
remember  
how blessed  
you are



let it go.



Season's Spender

One of the happiest  
moments in life is  
when you find the  
courage to let go of  
what you can't change.

WHAT IF  
TODAY  
WE WERE  
JUST  
GRATEFUL  
FOR  
EVERYTHING



**GOOD MORNING!**  
**FRIENDS**

**BIG HUGS**

A smile can open a  
heart faster than a  
key can open a  
door. Smiles are  
free, so don't save  
them.. Brighten the  
world with your

**smile.**



inspire **Positive** IP  
social sensations **SS**

The best feeling of  
happiness is when you're  
happy because you've made  
someone else happy.

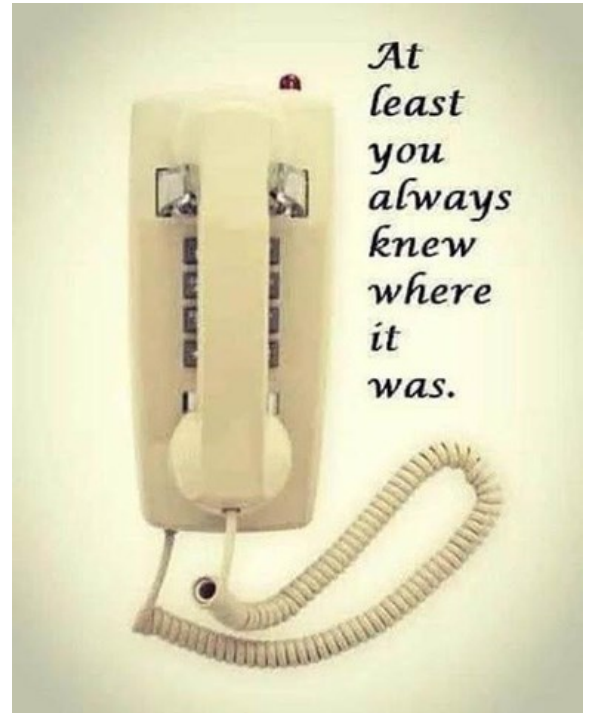


George

# THOSE WERE THE DAYS



Reading BurmaShave signs as you travelled the highways in the US



45rpm spindle



Buying cigarettes at the bedside  
1950s.



# GIDDY GASTRONOMY

Today I'm making fish tacos for the person who keeps stealing my lunch from the refrigerator at work.



How to keep all the cookies to yourself:



# AGING GRACELESSLY

Not to brag, but I just went into another room and actually remembered why I went in there.

It was the bathroom, but still....

**I envy people that grow old gracefully. They age like a fine wine. I'm aging like milk. Getting sour and chunky.**

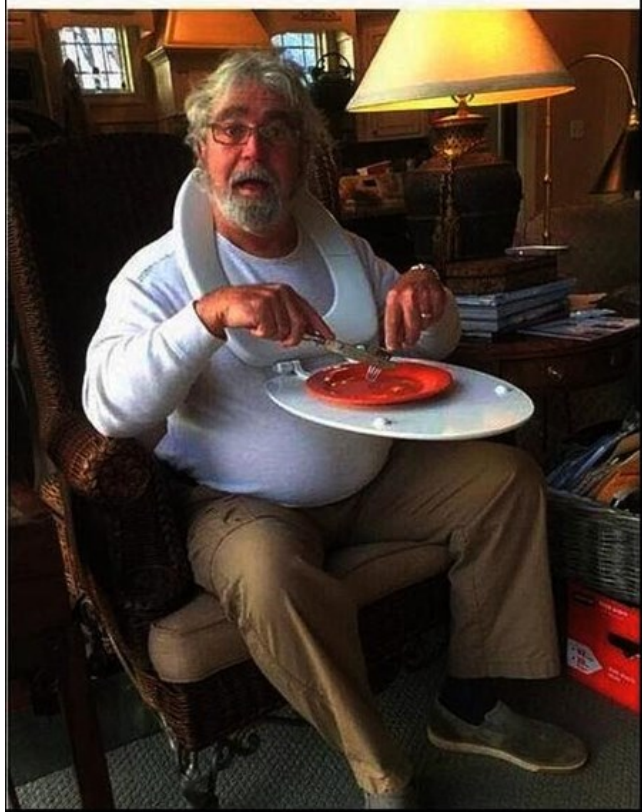


## TV Tray for Seniors

Don't laugh. Patent pending

You're just upset that you didn't think of this great invention.

And you know that you are going to forward this on...



# GYRETTE GIGGLES

How many boxes  
of these Thin Mints  
do I have to eat  
before I start  
seeing results?

Starbucks

I will ignore him all day

So he knows I am mad

What a nice quiet day.

My wife asked me, "How many women have you slept with?"

I proudly replied, "Only you, Darling. With all the others, I was awake."

Hospital Visiting Hours are 10 AM to 8 PM.



# MORE MARCH MADDNESS

An Irishman's first drink with his son:

"While reading an article last night about fathers and their sons, memories came flooding back to the time I took me son out for his first pint.

"Off we went to our local pub, only two blocks from the cottage.

"I got him a Guinness. He didn't like it, so I drank it.

"Then I got him a Kilkenny's, he didn't like that either, so I drank it. Finally, I thought he might like some Harp Lager?

"He didn't. I drank it.

"I thought maybe he'd like whisky better than beer so we tried a Jameson's; nope!

"In desperation, I had him try that rare Redbreast , Ireland 's finest whisky.

"He wouldn't even smell it.

"What could I do but drink it!

"By the time I realized he just didn't like to drink, I was so shit-faced I could hardly push his stroller back home!"

## **The Charm of Irish Pub Hospitality**

**Two Irishmen went into a pub in Dublin  
and asked for two pints of Guinness.**

**The Barman, cleaning the tables said...**

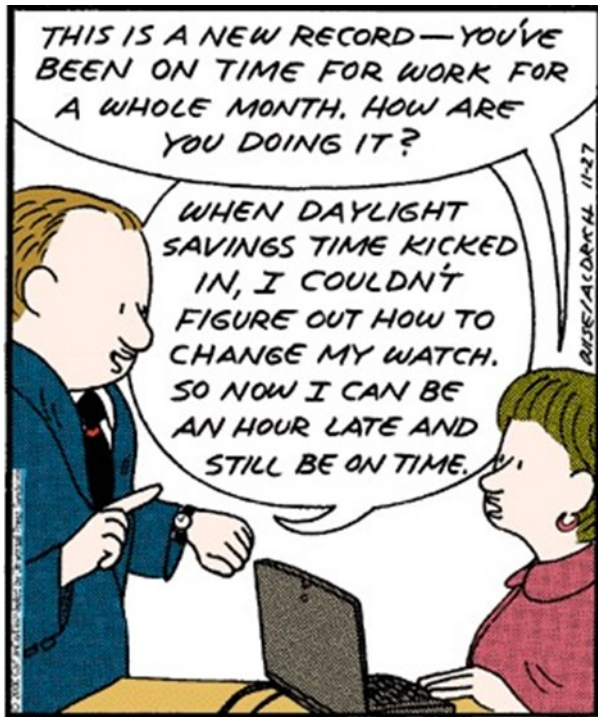
**"Sorry, we don't open for another hour."**

**One of the men asked "Mind if we wait?"**

**"No" said the Barman, "Would you like  
a pint while you're waiting?"**



# MARCH MADNESS



Incompetence can work in your favor.



Paddy was walking down a street when he saw his buddy Mick driving a brand new Mercedes.

Mick pulled up to him with a wide grin.

"Mick, where'd you get that car?"

"Sue gave it to me" Mick replied.

"She gave it to you? I knew she was kinda sweet on ya lad, but a new Merc?"

"Well, Paddy, let me tell you what happened...

We were driving out on a country road at 6 in the morning, in the middle of nowhere, Sue pulled off and headed in to the woods, she parked the car, got out, threw off all her clothes and said, 'Mick, take whatever you want'.

So I took the car!"

"You're a smart man!" says Paddy

Them clothes would never have fitted you".

# KID'S KOMEDY

## HOW DO YOU DECIDE WHO TO MARRY? (Written by kids)

-You got to find somebody who likes the same stuff. Like, if you like sports, she should like it that you like sports, and she should keep the chips and dip coming.

-- Alan, age 10

-No person really decides before they grow up who they're going to marry. God decides it all way before, and you get to find out later who you're stuck with.

-- Kristen, age 10

## 2. WHAT IS THE RIGHT AGE TO GET MARRIED?

Twenty-three is the best age because you know the person FOREVER by then.

-- Camille, age 10

## 3. HOW CAN A STRANGER TELL IF TWO PEOPLE ARE MARRIED?

You might have to guess, based on whether they seem to be yelling at the same kids.

-- Derrick, age 8

## 4. WHAT DO YOU THINK YOUR MUM AND DAD HAVE IN COMMON?

Both don't want any more kids.

-- Lori, age 8

## 5. WHAT DO MOST PEOPLE DO ON A DATE?

-Dates are for having fun, and people should use them to get to know each other. Even boys have something to say if you listen long enough.

-On the first date, they just tell each other lies and that usually gets them interested enough to go for a second date.

-- Martin, age 10

Y

o

# ANXIETY MEDICINE

In these uncertain times it is easy to let your anxiety start to creep up . Perhaps while we are in various forms of lock-down, some images from our amazing world will help remind us that regardless of how things may look right now, we are indeed so lucky to be inhabiting this beautiful planet.



A Drone captured picture of  
a sleeping Elephant Family.

# MEANWHILE IN CANADA



## Canadian shoes





# MEANWHILE NOT IN CANA-

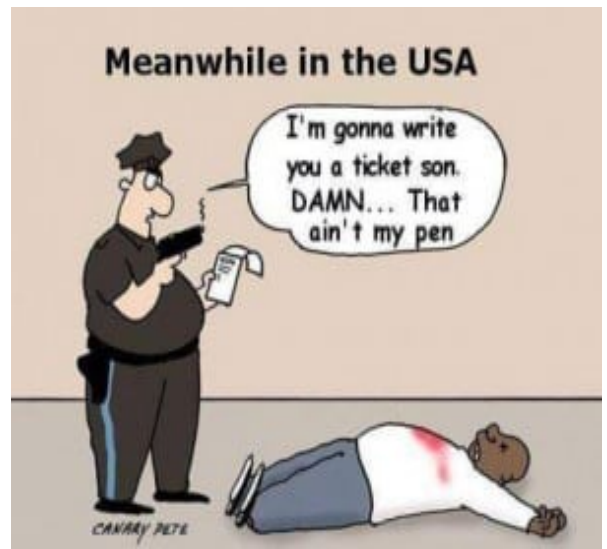
## MEANWHILE IN BELARUS



Il am happy to help in your military project, Mr. Putin, Sir  
I will put a hex on those Ukranians.



"It's time we face reality, my friends. ...  
We're not exactlv rocket scientists."



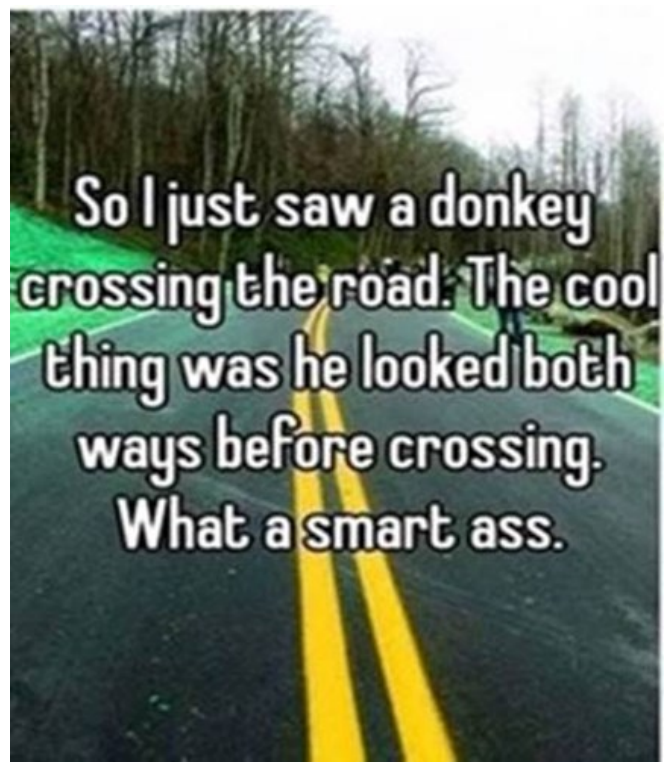
# ANIMAL INSTINCTS



Obviously not political animals



SEE IF YOU CAN SPOT THE CAT



# SNICKERS AND GUFFAWS

I HATE IT WHEN PEOPLE ARE  
AT YOUR HOUSE AND ASK  
'**DO YOU HAVE A BATHROOM?**'  
NO, WE PEE IN THE YARD.



It's ok to talk to yourself,  
It's even ok to  
answer yourself...  
But when you  
ask yourself to  
repeat what  
you just said,  
you have a problem!



Never trust an electrician  
with no **eyebrows**.



**Do you ever wake  
up, kiss the person  
sleeping beside you,  
and feel glad that  
you are alive?  
I just did and  
apparently will not  
be allowed on this  
airline again....**

**Fool me once, shame on you.  
Fool me twice, shame on me.  
Fool me 350,000 times, you  
are a weather man.**

# GYRO FRIENDSHIP PICTURE OF THE WEEK



## AND THE LAST WORD....



SB

Really glad I never ran across this scary guy in my 55 years of practice...  
especially if he was applying for a job!