

THE OFFICIAL BULLETIN OF THE GYRO CLUB OF SHERWOOD PARK



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I WAS JUST THINKING: There's nothing like a little tomato soup to soothe the soul. Even if it's cold, over ice, with a celery stalk...and vodka.

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EDITOR'S RANT:

I wasn't sure I wanted to watch the Oprah extravaganza on Monday night, but like many, I caved in and absorbed every minute of it. I am neither a Royalist nor an Anti-monarchist. They don't enter my stream of consciousness except on rare occasions when some press attention that doesn't come from the tabloids mentions a royal, usually in a negative manner. I do marvel at the senior royals' longevity, that Prince Phillip just gave up driving after an accident last year and that the Queen was riding horses until surprisingly recently.

Having said that, I have thought more about the Royal Family this week than I have in the last several decades as a result of "the interview" and the subsequent fallout that continues.

Aside from the disappointment that racism extends into the family business and that the "Firm" showed so little compassion to one of their own, albeit the most recent addition, there were other tidbits that served to tie the story together. I am sure that Megan and Harry and their offspring will be just fine, free of the stifling life that they were facing in the UK. I am sad that they had to distance themselves so far from the Royals in order to solidify that freedom, and that the rest of the family can't do the same.

The possible ramifications to the commonwealth were not as

Rant contd.

apparent in most of our minds prior to Monday, or perhaps the next 48 hours, but the more in depth questions and discussions that are beginning to surface underground that had never occurred to me. One possible scenario that was touched upon on the CBC morning radio show on Tuesday came out of a discussion about the ramifications of Canada eliminating the Crown as their head of state, regardless of the fact that much of it's involvement is ceremonial. The spectre of a concerning possibility arose when it was pointed out that all aboriginal treaties in Canada centre around the crown. If the crown ceases to have any relevance in Canada, even ceremonial, then, it was pointed out, all those treaties become null and void. One hundred percent of the land that is Canada may revert back to the First Nations and new agreements would have to be negotiated but with the aboriginal population being in a vastly more powerful negotiating position than they were in past centuries when the country was colonized. At the very least, experts are suggesting that the necessary constitutional change would be extremely complicated, take well over ten years to accomplish and risk the total break-up of the country. T

That is enough to get our heads around for the moment. The whole intrinsic racism issue that has been grabbing more and more attention is not new and is more disappointing than shocking as it pertains to the Royal Family business. Suffice to say that Oprah opened a Pandora's box with the interview that will start new fires while it pours accelerants on existing ones. She did it in a very nice way. I don't follow her much either, but I can't think of anyone who could have done a better job of gently lighting the match on a potentially explosive situation on both sides of the pond. There could be some interesting times ahead, or we may just simply return everything on the back burner. I guess we'll just have to stay tuned and hang on.



The artist formerly known as Prince

GYRO MEETINGS



Our most recent Zoom meeting was held March 10th with 27 members and one guest participating. Our guest speaker was **Larry Neumeister**, chemical engineer, who took us through a fascinating eight year journey as he designed and oversaw construction of his unique home in Sherwood Park. He began by listing his primary objectives:

- ◆ Energy efficient
- ◆ Architecturally appealing
- ◆ Leading edge technology
- ◆ Solar powered and heated
- ◆ No fossil fuels

With photos and drawings throughout his presentation, he described how the roof of his garage was fitted with small solar panels that dual functions as shingles in protection and appearance, and the back wall of the garage trapping solar energy differently, using technology involving vacuum tubes containing propylene glycol (to prevent freezing in winter) to heat the entire home, using an under floor heating system. Even his fireplaces were of special design that allowed them to heat the house in case of a failure of the other systems. His other special design features included wall construction that provided R56 insulation value, triple glazed windows (R5), and a myriad of additional features too many to list here. He did a beautiful job of interior and exterior design that made the home extremely functional while pleasing to the eye. His presentation generated was a lengthy question period. Bernie Kropp lives just down the street from Larry, watched the progress of the project from beginning to end and vouched for his story that often bordered on the unbelievable. It was a great evening.

Next Zoom meeting will be on **April 14th** and the speaker will be **Allison McCollum**, a partner in the law firm Whiten LLP. She was recommended to us by Rick Craddock. Allison's topic and area of special expertise is "Wills and Estates". She helps her clients create a strategic plan for succession – assessing their current situation, values and goals, and developing a plan to move them forward. This promises to be a valuable and timely topic as many in our group are playing somewhere on the back nine of life. Mark your calendars now.

⋮

POSSIBLE NON-LOCAL MEETINGS:

International Convention August 4-8 Winnipeg MB pending news to the contrary. That news may come from a meeting in May when the decision will be to either keep the August dates or move it to the Fall.

District VIII Convention has been moved to September 23-26
Deerfoot Inn and Casino, Calgary, AB

HEALTH AND WELFARE:

Peter Elzinga is out of hospital and home after a nasty bout of pneumonia that earned him an ambulance ride to the Grey Nuns after he passed out. Kudos to Pat for dialling 911 and getting him quick care. He is just finishing his course of oral antibiotics at home (IV's in the hospital) and improving each day.

Bill Austin has had a health issue for about 6-8 weeks. He has not been able to eat much as it leaves a sour taste in his mouth with the result he has lost about 25lbs. He has had blood tests and cat scans which have come back normal. A COVID-19 test which came back negative as well. On March 16th he has an appointment with a specialist which hopefully produces positive results.

Art Merrick is beginning to regain his focus, taking it day by day as he adjusts to life without Judy. He has received lots of help and support from Judy's children and his own family as he travels along the grieving road. Rest assured, Art, your Gyro friends, are with you along it as well and send you positive and healing thoughts.

John Williams continues to be "1st on the list" for thumb surgery after being bumped a couple of times (one just hours before the surgery) but is hopeful that it won't be long now before he can get the job done and get ready for the necessary rehab and then start all over again on the other thumb.

Bill Carter reports that he is very pleased with his immunotherapy results and was in for a CT scan this week, the results of which should be available in a day or so.

TOO MUCH MARCH-



off the mark.com by Mark Parisi



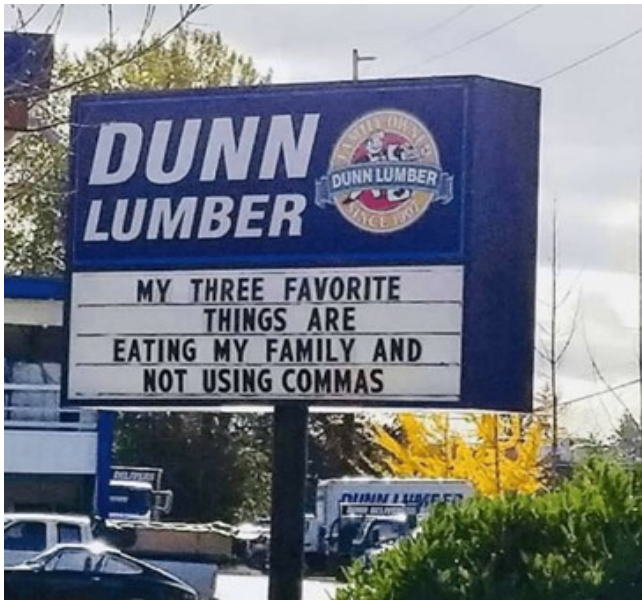
I'M NOT RIGHT IN THE HEAD.COM



St. Patrick driving the snakes out of Ireland.



LINGUISTIC LUNACY

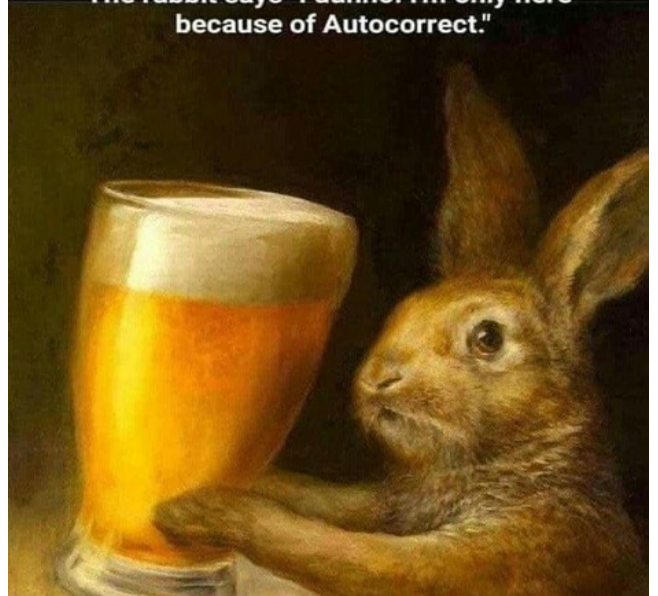


**I saw a woman
selling batteries
at the playground.
She sells C cells
by the seesaw.**

Chonday.com

**I can't wait until we're
all in nursing homes.
It'll be fun to write
bathroom graffiti about
the staff they can't
understand...
because it's in cursive.**

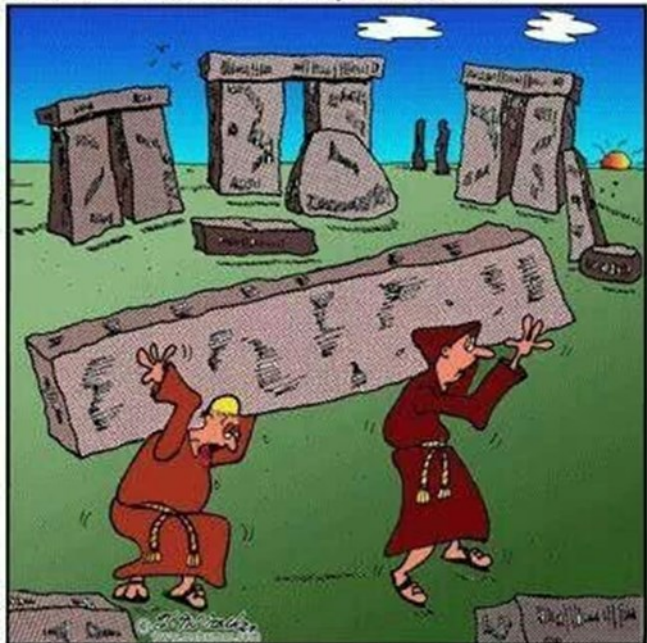
A priest, a rabbit and a minister walk into a bar. The bartender asks the rabbit "what'll ya have?" The rabbit says "I dunno. I'm only here because of Autocorrect."



Honestly, it's not the way I look that reveals my age; it's my use of complete sentences and punctuation when I text.

HEY KIDS. WHAT TIME IS IT?

MCHUMOR.COM by T. McCracken



"I hate changing to Daylight Saving Time."



Nick Walden Poulton

@NWPDK

Follow

Happy #DaylightSavings! #SpringForward



BRUNO

9:43 PM - 11 Mar 2018



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ANXIETY MEDICINE

In these uncertain times it is easy to let your anxiety start to creep up . Perhaps while we are in various forms of lock-down, some images from our amazing world will help remind us that regardless of how things may look right now, we are indeed so lucky to be inhabiting this beautiful planet.



Let's relax, like these two, and enjoy the world around us

GYRETTE GIGGLES

If a woman tells you that you're right, that's called sarcasm.

APART FROM "IT'S OKAY", WHICH OTHER DEATH THREATS DO WOMEN USE?

Only a woman who delivered a baby without epidural can understand a guy who is having a cold.

Boy aged 4: Dad, I've decided to get married.
Dad: Wonderful; do you have a girl in mind?!

Boy: Yes... grandma! She said she loves me, I love her, too....and she's the best cook & story teller in the whole world!!

Dad: That's nice, but we have a small problem there!!

Boy: What problem?!

Dad: She happens to be my mother. How can you marry my mother!!

Boy: Why not?! You married mine!!!!

8 Year Old: I feel like you are always making up rules and stuff

Me: Like what?

8 Year Old: Like if we don't pick up our room, a portal will open and take us to another dimension

Me: Well that's what happened to your older brother

8 Year Old: What older brother?

Me: Exactly.

Hmmm



I'm not leaving until
I see who walks out
of this house.



MEDICAL MOMENTS



"It's from the hospital where you were born. You're being recalled for manufacturing defects."



"Try to relax."



"Oh darling! Your very first patient."



"Is it an important text?"

COVID COMEDY



If you used one of these:



Stay at home! You are in the high risk group.



The latest trend in beachwear, The Maskini.



This is what happens when the Louvre Museum is closed for months and months!

SIGNS OF OUR TIMES



An actual sign at a golf club in Scotland

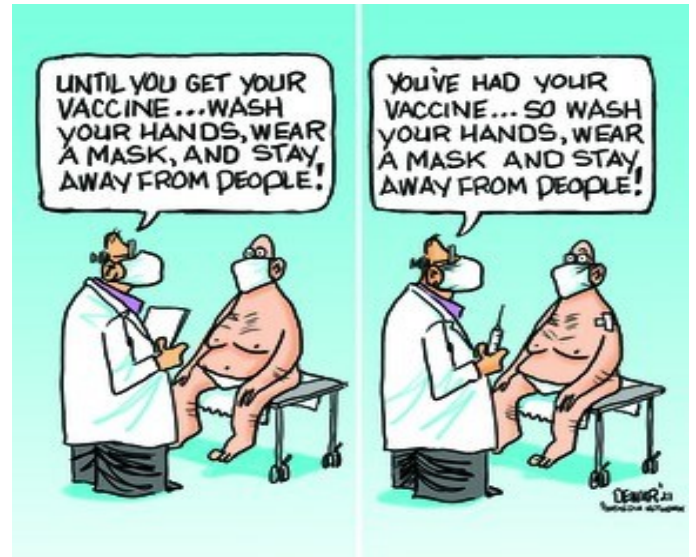


1. BACK STRAIGHT, KNEES BENT, FEET A SHOULDER WIDTH APART.
2. FORM A LOOSE GRIP.
3. KEEP YOUR HEAD DOWN!
4. AVOID A QUICK BACK SWING.
5. STAY OUT OF THE WATER.
6. TRY NOT TO HIT ANYONE.
7. IF YOU ARE TAKING TOO LONG, LET OTHERS GO AHEAD OF YOU.
8. DON'T STAND DIRECTLY IN FRONT OF OTHERS.
9. QUIET PLEASE...WHILE OTHERS ARE PREPARING.
10. DON'T TAKE EXTRA STROKES.

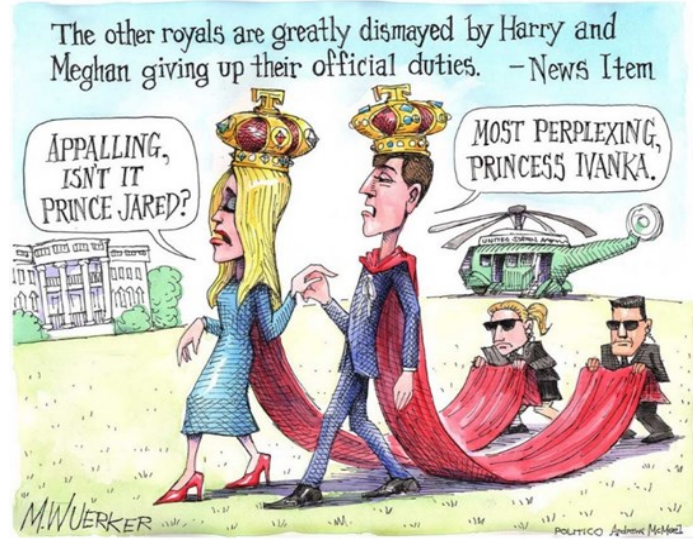
WELL DONE... NOW, FLUSH THE URINAL, WASH YOUR HANDS,
GO OUTSIDE, AND TEE OFF.



MEANWHILE IN CANADA



MEANWHILE NOT IN CANADA



German Rodeo



THOSE WERE THE DAYS

"Vaping"
back in
my day.



© I Grew Up in the 70's and 80's

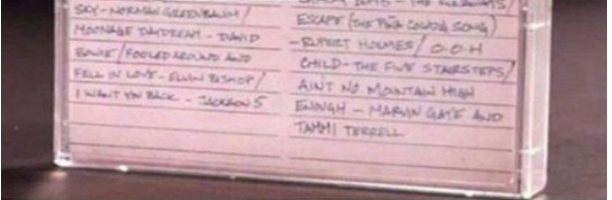
the flavor of the wooden spoon haunts
me to this day



**YOU COULD HAVE LITERALLY SEVERED
AN ARM IN THE 60'S AND YOUR
MOM WOULD HAVE SLAPPED SOME OF
THIS STUFF ON YOUR BLOODY NUB AND
SENT YOU BACK OUTSIDE ...**



**KIDS TODAY WILL NEVER
UNDERSTAND**



**HOW MUCH WORK WE
PUT INTO MAKING THESE**

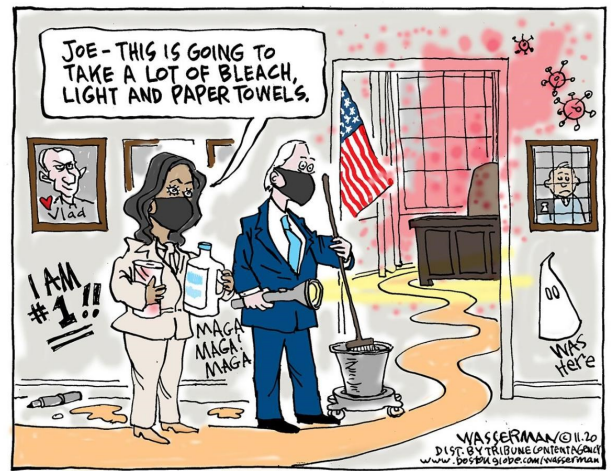
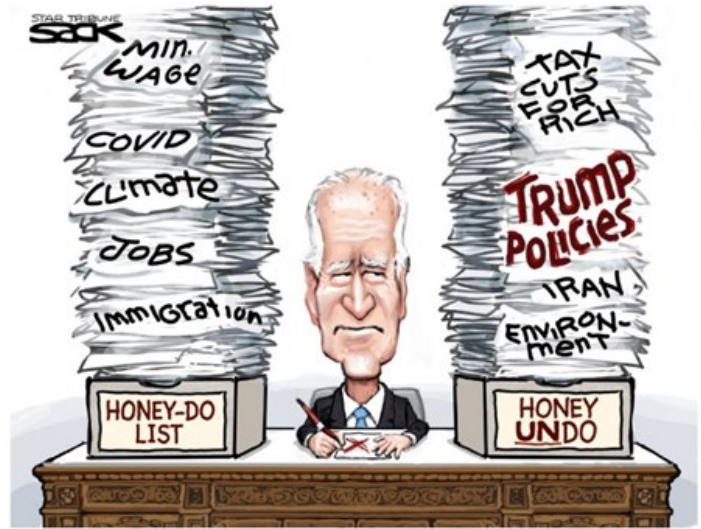


**DON'T TELL ME ABOUT YOUR
CHILDHOOD PROBLEMS.**

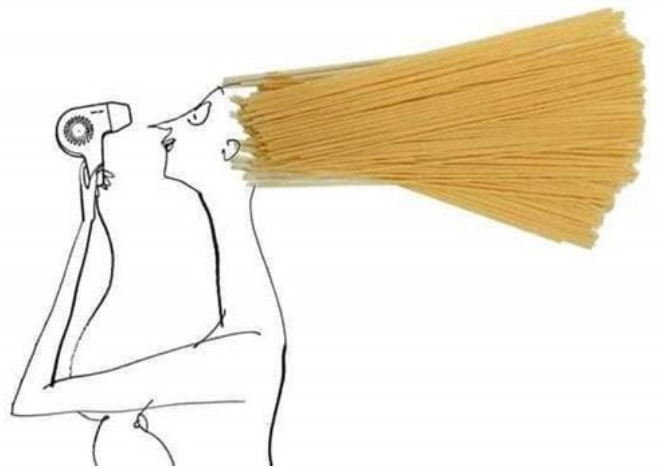


**I WAS FORCED TO WATCH
LAWRENCE WELK AS A KID.**

SOUTH OF THE BORDER, DOWN WASHINGTON WAY



GIDDY GASTRONOMY (Covid doodle edition)



ANIMAL INSTINKS

RHINOS ARE JUST UNICORNS THAT HAVE LET THEMSELVES GO.



It started with a kiss.



He always gets so excited when I take him to the dog park



The dog is helping the beggar to attract people, but the Cat is overreacting...



SNICKERS AND GUFFAWS

**I READ THAT, BY LAW,
YOU HAVE TO TURN ON
YOUR HEADLIGHTS WHEN
IT'S RAINING IN SWEDEN**

**HOW THE HELL AM I
SUPPOSED TO KNOW IF
IT'S RAINING IN SWEDEN?**

YOU'RE RIDING A
HORSE FULL SPEED,
THERE'S A GIRAFFE
NEXT TO YOU, AND A
LION CHASING YOU.
WHAT DO YOU DO?

GET YOUR DRUNK ASS
OFF THE CAROUSEL.

One day the first grade teacher was reading the story of Chicken Little to her class. She came to the part where Chicken Little warns the farmer. She read, "...and Chicken Little went up to the farmer and said, "The sky is falling!" The teacher then asked the class, "And what do you think that farmer said?" One little girl raised her hand and said, "I think he said: 'Holy Sh't! A talking chicken!'" The teacher was unable to teach for the next 10 minutes.



**Picked up a hitch-hiker. Seemed
like a nice guy.**

**After a few miles, he asked me if
I wasn't afraid that he might be a
serial killer?**

**I told him that the odds of two serial
killers being in the same car were
extremely unlikely**

Thought I'd be trendy
and try one of these
"alternative milks"
I don't know what a
magnesia is, but it
made my cornflakes
taste horrible.

GYRO FRIENDSHIP THOUGHT OF THE WEEK



AND THE LAST WORD...

Follow me for more Landscaping Ideas



SB

Thinking about doing some early planning for the upcoming gardening season? Here's an idea passed along from MVP for mulching after a year of isolation.