

# THE OFFICIAL BULLETIN OF THE GYRO CLUB OF SHERWOOD PARK



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**I WAS JUST THINKING: Why don't blind people skydive? I guess it probably scares the dog.**

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## **The Club's Grand Poobahs:**

President: **Rick Craddock**  
Vice President: **Allan Bleiken**  
Past President: **Ken Lesniak**  
Treasurer: **Erik Braun**  
Secretary: **John Williams**  
Registrar: **Dorne Hunt**  
Directors: **Herb Zmurchuk, Garry Jones, George Ward, Ted Ewanchuk**

## **EDITOR'S RANT:**

Don't get me wrong. The health care we enjoy in this province and this country is something we should appreciate. However, the system is far from perfect and this is a rant.

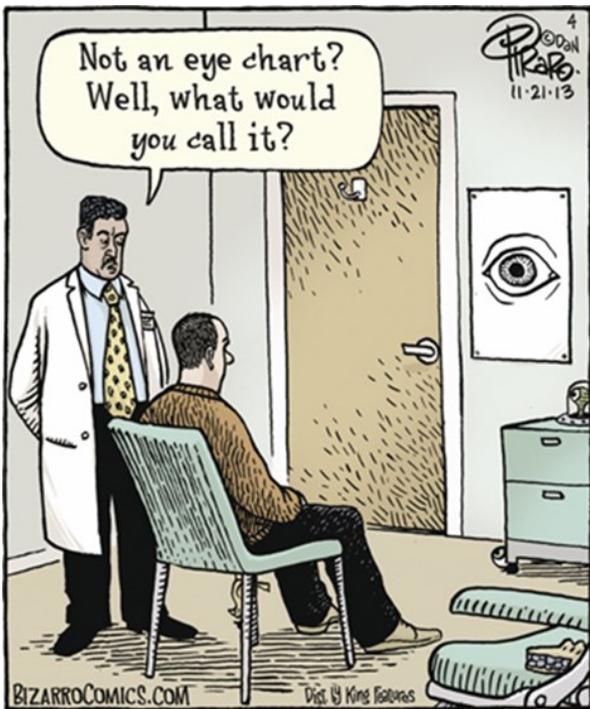
I enjoy taking care of people's vision and eye health needs. I have been doing it for over five decades. Most days I can't think of anything I would rather be doing but there are times. There are days. Sometimes it is the bureaucracy that makes me think about hanging it up. Sometimes it is a stubborn, irrational or just plain "difficult" patient that makes me ponder retirement. I have my share of "difficult patients. I have fired less than a dozen patients in 53 years. Many of my emotionally challenging patients have been fired from several practices before they landed in mine. Full moon days remain a wonder to me. How do my more notorious odd balls know to book, weeks in advance to come in when the moon is full? They are still odd at other times of the month but to have a day full of them can't just be a coincidence month after month.

Red tape, particularly that put in place by bureaucrats who apparently don't know or care about the premise that patient care and wellbeing should be paramount, pushes my buttons more than anything. If three tests are necessary and the standard of care to make a particular diagnosis and do not influence each

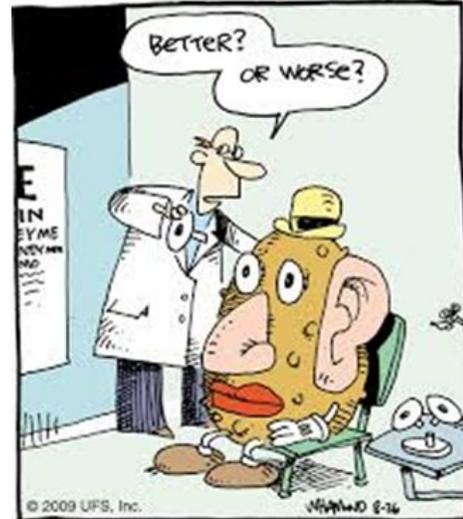
# Rant cont'd.

Other's results, why can they not be done in one visit rather than having the patient come back for one the next day? Perhaps the theory is that some patients will not bother or pay out of pocket to save an extra trip and that will save the government money.

So the question I face each Autumn as I return from my summer vacation is, assuming that I am up to date in my continuing education, that I am in good health and have most of my marbles, do I really want to continue to battle cuckoos and bureaucrats? So far, the answer is yes. I have a special and deepening bond with the vast majority of my patients, some having seen me for much of my practice life. I'm not ready to sever that bond yet. But one of those memos from Alberta Health arriving on a day when the moon is full just may trigger a response.



"WELL, YES, SOMETIMES THERE CAN BE SIDE EFFECTS TO LASER EYE SURGERY!"



# AGING GYROS

October is the time when **Ken Lesniak** (15th), **John Williams**(16th) and **Milt Lanes**(27th) celebrate the aging process. May you still be golfing on your birthdays boys!



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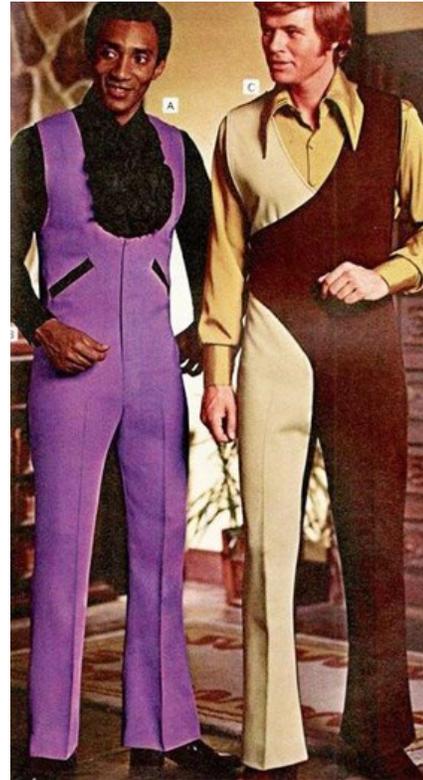
**H**  
**A P**  
Birthday - Eye Chart  
**P Y B**  
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©2011 Technique Tuesday, LLC.  
**D A Y T O**  
**A G R E A T**  
**F R I E N D !**

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# Pics Crying for Captions



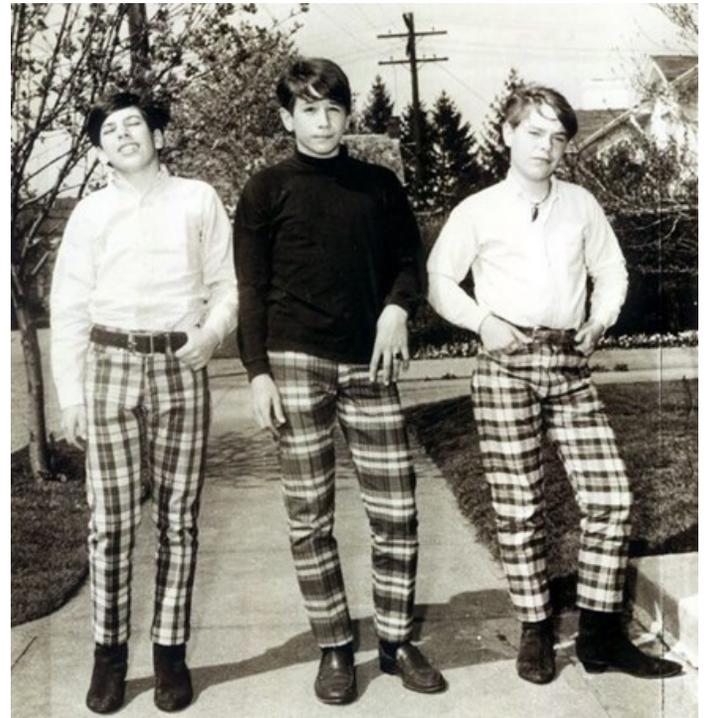
How's it working out so far?



We were never that cool! Maybe Value Village...

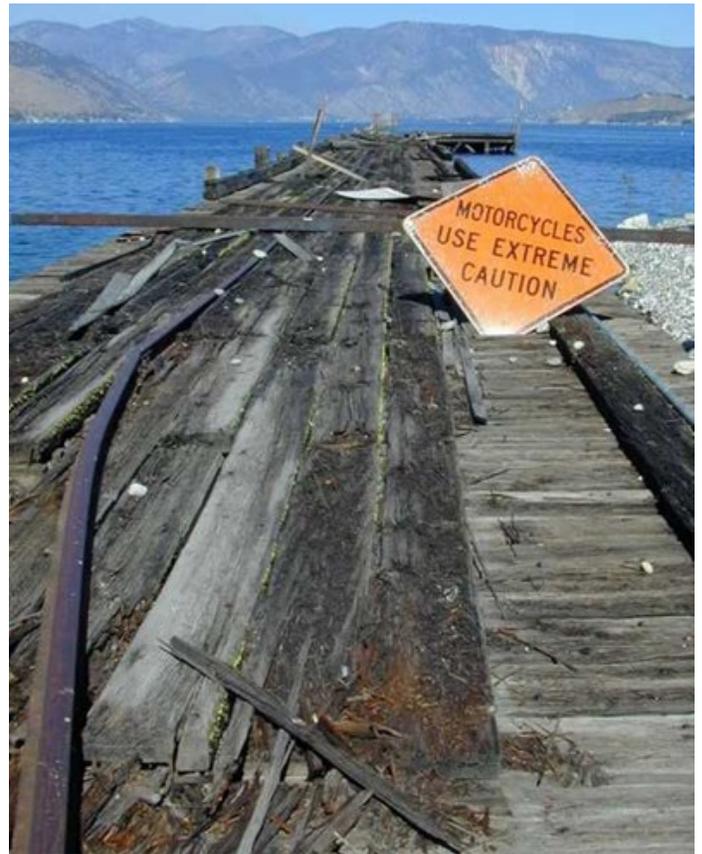


Impressive Canadian 6-Pack



When you're hot, you're hot. Gyro youth initiative

# SIGNS OF OUR TIMES



# WHY I HATE SHOPPING



## **LAST MEETING: Bocce, Wednesday, October 3rd**

Another evening of fine Italian dining, fellowship and ball tossing on a sandy court was the Gyro experience for 29 members of the Sherwood Park club, 2 guests and 19 from the Edmonton club. It was a joint meeting with Sherwood Park hosting.. We all tipped the scales a big heavier Thursday morning but universally declared it was worth it. It should be noted that there was some exercise equipment including a bike just outside the Bocce courts but not a single Gyro was spotted using it between games.

By the end of the evening the A side winners and trophy recipients were Sid Slade, and Rikke Dootzes from Sherwood park and Ron Ramsey from Edmonton.



**Mangia, I miei amici**



**Chairman Augi**

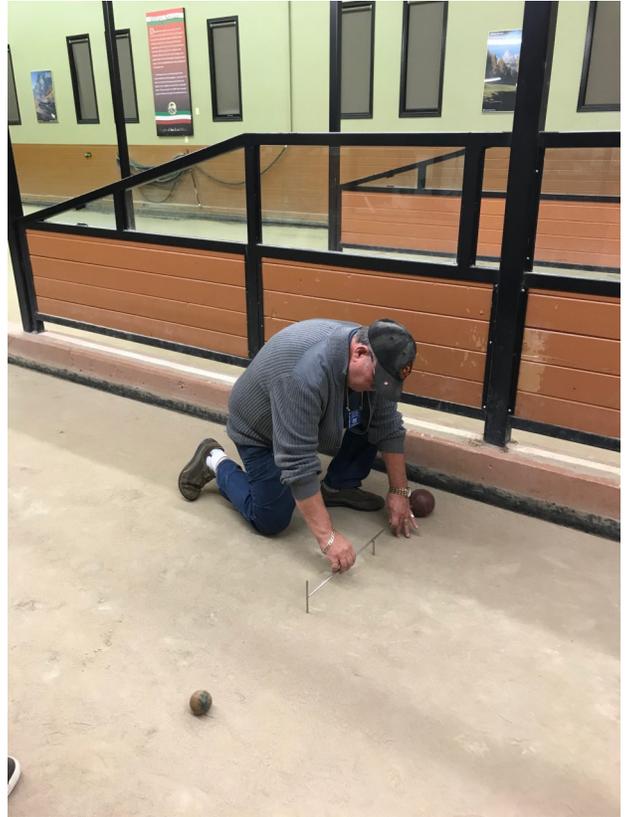


**Edmonton club's Gord Robertson  
Celebrates his 94th birthday**



## BOCCE contd:

Mille grazie, Augie, as well as your assistant, Keith Bradley. It was a a fun evening.



Taking home the hardware: Sid Slade, Ron Ramsey and Rikke Dootzes

## **NEXT MEETING: Founders Night Tuesday, October 16th**

This is a mixed meeting so make sure if you are a couple that you try to come as a couple and with your better half. If you are not a couple make sure you come with whoever you want, even if it is yourself. This annual event, celebrating the origins of Gyro and its founders is a joint meeting, hosted this year by the Edmonton club. If you recall, we hosted it last year. The venue will be the Faculty Club at the U of A. Cocktails are at 6:00. Dinner ,a buffet featuring Prime Rib, will commence at 7:00. Once the club has reimbursed its members the cost will be \$20 for Gyros and \$45 for guests. There isa \$2 parking fee at the Faculty Club. Sid Slade will be a guest speaker. His topic will be "What it means to be a Gyro". (Dinner buns will be supplied.) Please contact Rick Craddock [richardcraddock@shaw.ca](mailto:richardcraddock@shaw.ca) indicating your plans asap if you haven't already done so.

## **AND THE MEETING AFTER THAT:Cribbage November 14th**

Bring yourself and your cribbage board to the GCCCC to challenge the pros like Lloyd Wilson in that perpetual favourite game—Cribbage. Please let Don Grieg or Dorne Hunt know yea or nay real soon.

\*\*\*\*\*

**A group of seniors were sitting around talking about all their ailments at Tim Horton's.**

**"My arms have gotten so weak I can hardly lift this cup of coffee," said one.**

**"Yes, I know," said another. "My cataracts are so bad; I can't even see my coffee."**

**"I couldn't even mark an "X" at election time, my hands are so crippled," volunteered a third.**

**"What? Speak up! What? I can't hear you!" said one elderly lady.**

**"I can't turn my head because of the arthritis in my neck," said one, to which several nodded weakly in agreement.**

**"My blood pressure pills make me so dizzy!" exclaimed another.**

**"I forget where I am, and where I'm going," said another.**

**"I guess that's the price we pay for getting old," winced an old man as he slowly shook his head."**

**The others nodded in agreement.**

**"Well, count your blessings," said a woman cheerfully.... "Thank God we can all still drive."**

## CURLARAMA: November 2-4 at Banff

The following note just arrived from Lloyd Wilson:

*Hi Scott ☐*

*I am asking all members to consider a trip to Banff for the above date. You will enjoy a lot of fellowship and relaxed curling without any pressure. We are all getting a little long in the tooth so expectations are not that high. We leave here around noon on Friday Nov. 2 with a lunch and bar break in Creamona then onto Banff usually arriving around 5. Get settled at the deluxe Voyager hotel then off to the hospitality room for free food, liquor and cards for some. I am appointing Dick Caddey as sargent at arms to be sure no one drinks excessively. ( like having the fox guard the chicken coop ! ). Next morning we get a great hosted buffet breakfast then off to the rink. There are three 6 end scheduled curling games on Saturday with breaks in between for some rest time and then back to the hotel by 5 for happy hour in the room and then off to the hosted banquet at 6. After a great supper of roast beef etc. a Texas Hold 'Em game worth 20 bucks is played for those who want to participate. Once again the bar is hosted. Next morning we have a hosted buffet breakfast and may curl for the prizes or if not pack up and come home on the Sunday. All this is for the grand sum of 255 bucks which includes your room , curling, hosted bars and food. I would ask that each player getting a ride will pay the driver 20 bucks for his vehicle costs.*

*Now the important part of this trip is for your comfort and safety. Most of us players use a stick to throw the rock and that is so we don't have to crouch in the hack and slide. We can therefore put toe rubbers on both shoes ( curling rink has the toe rubbers) and this makes it very safe for walking on the ice. This have made it possible for a lot of people to carry on the fun sport of Curling. Last night Bill Austin was offering lessons at GARC for anyone that would be interested. That is providing he can arrange for some free ice time. He has an in with Heather at the rink so maybe it will happen.*

*If there are any questions or if you are interested and have not been contacted please call me or Bill .*

*Cheers*

*Lloyd*

## HEALTH AND WELFARE:

Jack Beattie's hip was let go on Monday and a new one has taken its place. His recovery schedule prevented him from coming to the bocce event but he hopes to be a contestant on "So You Think You Can Dance next season. We're pullin' for ya Jack.

Bill Carter has been in and out of hospital again this week. His stitches gave way. What an ordeal the Carters are going through! We're all behind you 100%, Bill and Jeannie.

Augie Annicchiarico has been under the weather with bronchitis. Bocce Wednesday was his first day outside of the house in 5 weeks.

Jan Bradley, Judy Taylor and Carol Lesniak continue on the road to recovery and the news appears to be positive all around..

# DO YOU REMEMBER? (THOSE WERE THE DAYS, I GUESS)

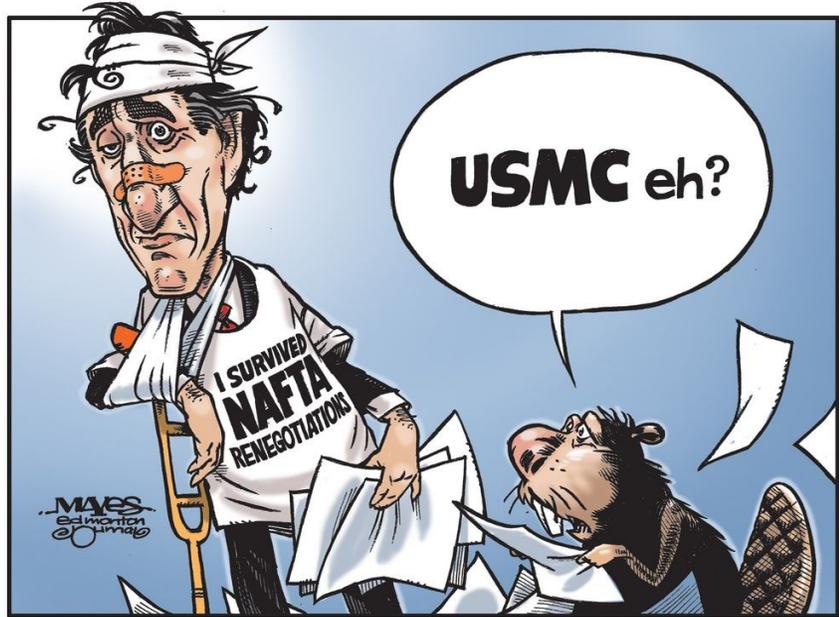
A kid found this in the creek and asked if it was from the Civil War



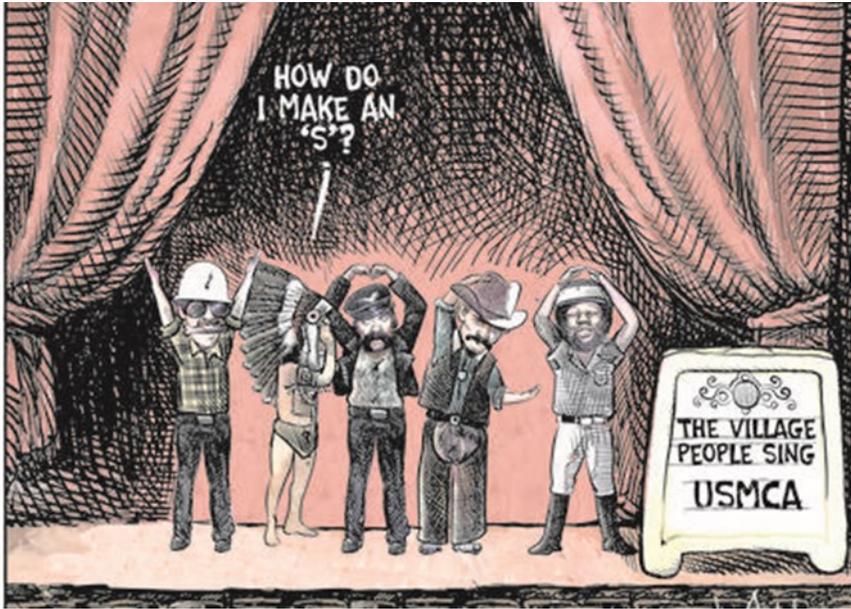
Today's kids will never know the strenght you needed to get the car window down



# MEANWHILE IN CANADA



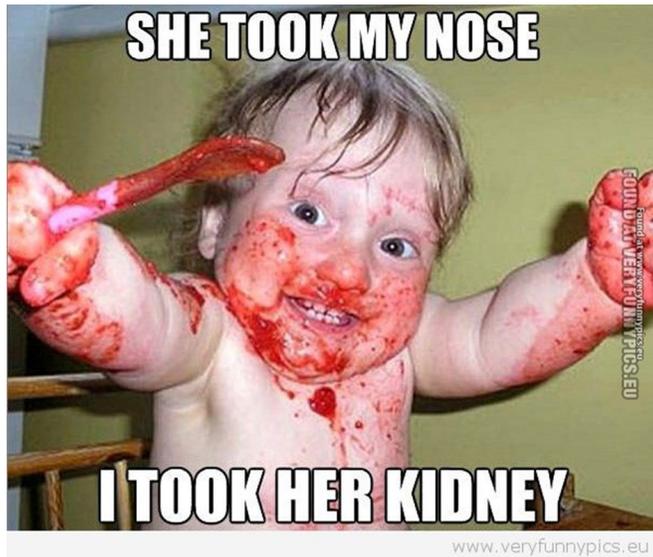
# Meanwhile NOT in Canada



# SOUTH OF THE BORDER, DOWN WASHINGTON WAY



# HEALTH MATTERS



Dentist: open up please

Me: sometimes I get sad



**Someone threw a bottle of  
omega 3 pills at me.**

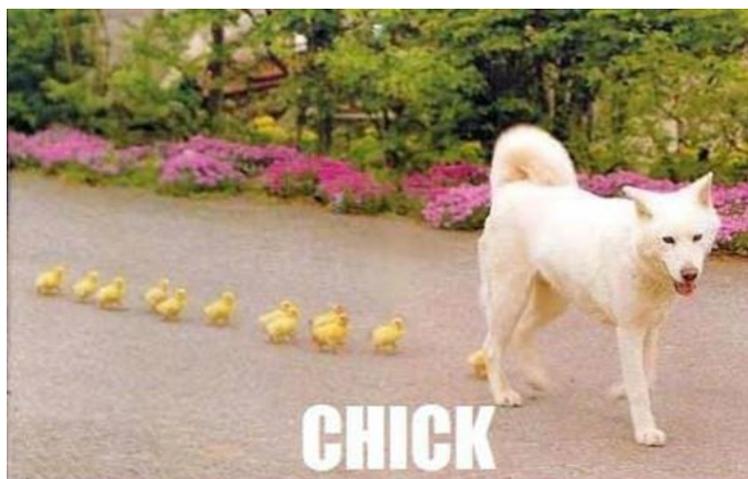
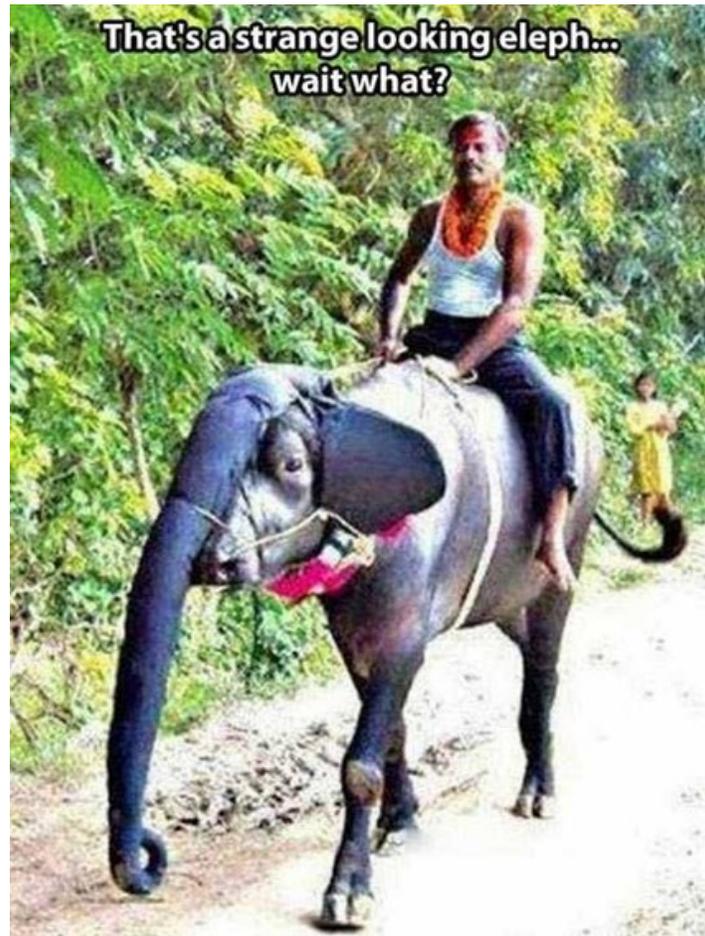


**Luckily my injuries  
were only super fish oil.**

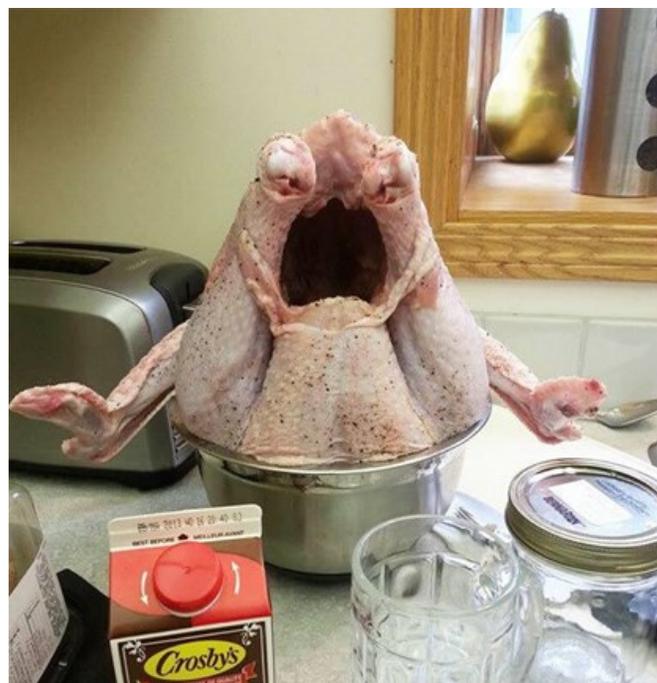
Hmmm...



# WAIT A MINUTE....



We had a husky/coyote cross called Mukluk that did exactly the same thing with our chickens.



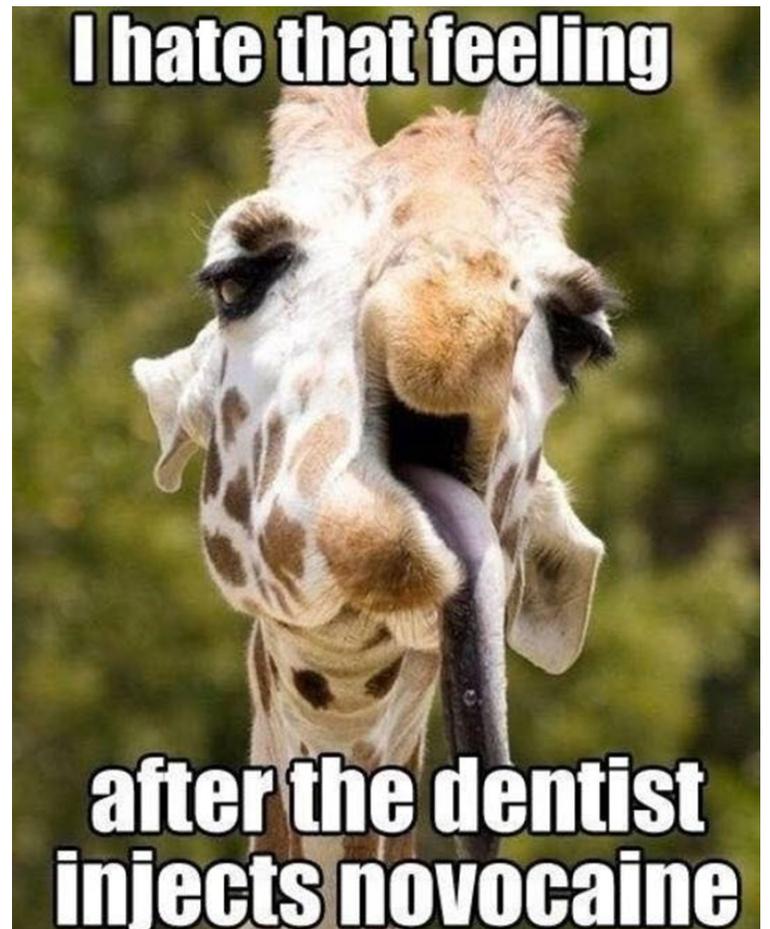
I'm thankful our turkey didn't look like that!

# ANIMAL INSTINKS .... Feline edition

“Our next guest will be speaking about tennis balls and why you shouldn’t fake the throw”



I'm no wildlife expert, but I think this monkey might be drunk.



# SNICKERS AND GUFFAWS



Yesterday afternoon I was walking and holding hands with my wife. I suddenly dropped her hand and grabbed my cell phone to take this picture. She hit me in my chest and wouldn't talk to me the rest of the day. Last night, she asked me "How could you?" I said "How could I not? It's not every day you see a dog driving a car."



WHAT WOMEN SEE



WHAT MEN SEE



# GYRO FRIENDSHIP THOUGHT OF THE WEEK



## AND THE LAST WORD....

